

COMPASS NOW 2012 – HOUSTON COUNTY  
 KEY ISSUE: MENTAL HEALTH  
 From the Great Rivers 2-1-1 Database  
 As of December, 2011

| AGENCIES/PROGRAMS   | DESCRIPTION   | SERVICE AREA  | CONTACT PERSON      | CONTACT INFO                                 |
|---|---|---|---------------------|--|
| INDEPENDENT LIVING RESOURCES:<br>RAVE   | Mental health drop in center  | No restrictions; primarily La Crosse County and surrounding area (Buffalo, Crawford, Jackson, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin and Houston County in Minnesota)  | No contact listed   | (608) 785-9615<br>raveonstate@centurytel.net |
| HIAWATHA VALLEY MENTAL HEALTH CENTER  | Mental Health Drop-in Center, Mental Health Hotline, Mental health support groups, mental health day treatment                              | Houston, Wabasha, and Winona Counties in Minnesota; Buffalo County in Wisconsin   | Eric Sievers        | (507) 453-7933                               |
| MAYO CLINIC HEALTH SYSTEM – FRANCISCAN HEALTH CARE – BEHAVIORAL HEALTH SERVICES | Mental health half-way house, psychiatric case management, medication management, and day treatment (will work with county funding sources) | Buffalo, Crawford, Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Fillmore and Houston Counties in Minnesota; Allamakee County in Iowa  | None Listed         | (608) 293-9555                               |
| GREAT RIVERS 2-1-1  | Supportive listening and crisis intervention/referrals to mental health resources   | Buffalo, Chippewa, Crawford, Dunn, Eau Claire, Grant, Jackson, La Crosse, Monroe, Pepin, Richland, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Houston, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa | Mary Mundt Reckase  | (608) 775-6335                               |
| YWCA<br>RUTH HOUSE  | Mental Health Half-way House  | Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Houston and Winona Counties in Minnesota   | Susan Powell        | (608) 781-2783                               |
| EMOTIONS ANONYMOUS – LA CROSSE  | Mental health support group   | Buffalo, Crawford, Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Houston, and Winona Counties in Minnesota; Allamakee and Winneshiek Counties in Iowa  | No contact listed   | (608) 397-1493                               |
| FRANCISCAN SPIRITUALITY CENTER<br>DEPRESSED ANONYMOUS                           | Mental health support group   | Buffalo, Crawford, Grant, Jackson, La Crosse, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Goodhue, Houston, Wabasha, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa                  | Jeff Dols, Director | (608) 791-5295                               |

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|---|--|---|---|----------------------------------|
| RIVER VALLEY INTEGRATED HEALTH CENTER – VETERANS AFFAIRS MEDICAL CENTER | Mental health clinic<br>Psychiatric medication monitoring  | Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa; Fillmore, Houston, and Winona Counties in Minnesota; Buffalo, Chippewa, Crawford, Dunn, Eau Claire, Grant, Jackson, La Crosse, Monroe, Pepin, Richland, Trempealeau, and Vernon Counties in Wisconsin | Mary Lynn Sinclair  | (608) 787-6411                   |
| SCARSETH HOUSE  | Mental health halfway house  | La Crosse and surrounding area  | Josh Court  | (608) 392-4542                   |
| GUNDERSEN LUTHERAN BEHAVIORAL HEALTH                                    | Mental health support groups, psychiatric case management, counseling, and day treatment                 | Buffalo, Crawford, Grant, Jackson, La Crosse, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin, Fillmore, Houston, Wabasha, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa                           | Judy Verage (support groups)<br>Geri Mulliner (day treatment) | (608) 775-2287<br>(608) 775-3689 |
| NAMI – WINONA   | Mental health support and advocacy   | Houston, Wabasha, and Winona Counties   | Helen Newell  | (507) 494-0905                   |
| HOUSTON COUNTY DEPARTMENT OF HUMAN SERVICES                             | Mobile crisis response   | Houston County  | None Listed   | (608) 725-5811 Ext. 1309         |
| SIENA HALL  | Mental health halfway house  | La Crosse County and surrounding area   | Gretchen Scharringhausen                                      | 784-6010                         |
| VETERANS AFFAIRS MEDICAL CENTER   | Mental health services including crisis intervention and inpatient and outpatient treatment for veterans | Adams, Clark, Crawford, Jackson, Juneau, La Crosse, Lincoln, Marathon, Monroe, Portage, Price, Taylor, Trempealeau, Vernon, Waushara, and Wood Counties in Wisconsin; Houston County in Minnesota   | Debra Frasher, NP   | (800) 872-8662                   |
| HO-CHUNK NATION HEALTH CARE CENTER                                      | Mental health assessment and counseling services for Native Americans                                    | La Crosse County in Wisconsin and Houston County in Minnesota   | Gladys Ebata  | (608) 784-3083 Ext. 5414         |
| HO-CHUNK NATION HEALTH CARE CENTER – BLACK RIVER FALLS                  | Mental health assessment and counseling services for Native Americans                                    | Adams, Clark, Columbia, Crawford, Dane, Eau Claire, Jackson, Juneau, La Crosse, Marathon, Monroe, Sauk, Shawano, Vernon, and Wood Counties  | Dr. Kirk Hopinka  | (715) 886-5444 Ext. 8764         |

\*Please note: Does not include all the counseling agencies serving Houston County – please contact Teresa Halverson at Great Rivers 2-1-1 for additional resources. Included here are Community Mental Health services (often free or low cost).