

COMPASS NOW 2012 – HOUSTON COUNTY
 KEY ISSUE: OBESITY
 From the Great Rivers 2-1-1 Database
 As of December, 2011

AGENCIES/PROGRAMS	DESCRIPTION	SERVICE AREA	CONTACT PERSON	CONTACT INFO
ACTIVE LIVING LA CRESCENT	Promote active living through health and physical activity	Houston County		(507) 725-2022
REGIONAL HEALTH SERVICES OF HOWARD COUNTY	Weight loss assistance	Howard and Winneshiek Counties in Iowa, Fillmore and Houston Counties in Minnesota	Staci Vrzak, Family & Community Medicine	(563) 547-2101
MAYO CLINIC HEALTH SYSTEM – CALEDONIA	Weight loss assistance	Houston County	Michelle Johnson, Clinic Director	(507) 725-3353
GUNDERSEN LUTHERAN BEHAVIORAL HEALTH	Health issues counseling; obesity	Buffalo, Crawford, Grant, Jackson, Juneau, La Crosse, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Houston, Wabasha, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa	Rebecca Cleveland, RN	(608) 775-2603
WINONA HEALTH	Weight loss assistance, nutrition education	Fillmore, Goodhue, Houston, Wabasha, and Winona Counties in Minnesota; Buffalo and Trempealeau Counties in Wisconsin	Christina Friederichs	(507) 453-3723
GUNDERSEN LUTHERAN MEDICAL CENTER WINNING WEIGHTS COMPREHENSIVE WEIGHT MANAGEMENT SYSTEM BARIATRIC SURGERY PROGRAM BARIATRIC SUPPORT GROUP	Nutrition Therapy, bariatric surgery programs, bariatric support group	Buffalo, Crawford, Grant, Jackson, Juneau, La Crosse, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Houston, Wabasha, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa	Marisa Pruitt – Nutrition Therapy Patti Anderson – Bariatric Support Group	(608) 775-3779 (608) 775-2698
MAYO CLINIC HEALTH SYSTEM – FRANCISCAN HEALTHCARE – ONALASKA WEIGH TO GO BEHAVIORAL HEALTH COUNSELING	Nutrition therapy. weight loss assistance program	Buffalo, Crawford, Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Fillmore and Houston Counties in Minnesota; Allamakee County in Iowa	Carol Schmidt, Clinic Administrator	(608) 392-5000
MAYO CLINIC HEALTH SYSTEM – FRANCISCAN HEALTHCARE NUTRITION THERAPY CENTER FOR WOMEN'S HEALTH WEIGHT LOSS ASSISTANCE	Nutrition Therapy, weight loss assistance/counseling for women	Buffalo, Crawford, Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Fillmore and Houston Counties in Minnesota; Allamakee County in Iowa	Walter Shillinger – Nutrition Therapy Center for Women's Health Lori Freit-Hammes – Weight loss assistance	(608) 392-9113 (608) 392-9891 (608) 785-0940