

COMPASS NOW 2012 – LA CROSSE COUNTY
 KEY ISSUE: OBESITY
 From the Great Rivers 2-1-1 Database
 As of December, 2011

AGENCIES/PROGRAMS	DESCRIPTION	SERVICE AREA	CONTACT PERSON	CONTACT INFO
COULEE REGION CHILDHOOD OBESITY COALITION	Community members and professionals working to reduce/prevent childhood obesity	La Crosse County	Linda Lee	(608) 785-9865
GARRISON COUNSELING, INC.	Health issues counseling: obesity	Houston, La Crosse, and Winona Counties	Debbie Garrison	(608) 796-1114
GUNDERSEN LUTHERAN BEHAVIORAL HEALTH	Health issues counseling; obesity	Buffalo, Crawford, Grant, Jackson, Juneau, La Crosse, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Houston, Wabasha, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa	Rebecca Cleveland, RN	(608) 775-2603
HO-CHUNK NATION HEALTH CARE CENTER	Weight Loss Assistance	Adams, Clark, Columbia, Crawford, Dane, Eau Claire, Jackson, Juneau, La Crosse, Marathon, Monroe, Sauk, Shawano, Vernon, and Wood Counties in Wisconsin	Marilyn Baker	(715) 284-9851 Ext. 5360
LA CROSSE COUNTY HEALTH DEPARTMENT	Nutrition Services	La Crosse County	Linda Lee	(608) 785-9865
GUNDERSEN LUTHERAN MEDICAL CENTER WINNING WEIGHTS COMPREHENSIVE WEIGHT MANAGEMENT SYSTEM BARIATRIC SURGERY PROGRAM BARIATRIC SUPPORT GROUP	Nutrition Therapy, bariatric surgery programs, bariatric support group	Buffalo, Crawford, Grant, Jackson, Juneau, La Crosse, Monroe, Richland, Trempealeau, and Vernon Counties in Wisconsin; Fillmore, Houston, Wabasha, and Winona Counties in Minnesota; Allamakee, Clayton, Fayette, Howard, and Winneshiek Counties in Iowa	Marisa Pruitt – Nutrition Therapy Patti Anderson – Bariatric Support Group	(608) 775-3779 (608) 775-2698
MAYO CLINIC HEALTH SYSTEM – FRANCISCAN HEALTHCARE NUTRITION THERAPY CENTER FOR WOMEN'S HEALTH WEIGHT LOSS ASSISTANCE	Nutrition Therapy, weight loss assistance/counseling for women	Buffalo, Crawford, Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Fillmore and Houston Counties in Minnesota; Allamakee County in Iowa	Walter Shillinger – Nutrition Therapy Center for Women's Health Lori Freit-Hammes – Weight loss assistance	(608) 392-9113 (608) 392-9891 (608) 785-0940
YMCA – PIONEERING HEALTHY COMMUNITIES	Promoting healthy eating and lifestyles (a collaboration of various local businesses and organizations)	La Crosse area	No contact listed	(608) 782-9622
LA CROSSE AREA FAMILY YMCA	Health and wellness programs and recreational opportunities	La Crosse area	Bill Soper	(608) 782-9622

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WORKSITE WELLNESS NETWORK	Promotes health and wellness in the workplace	La Crosse area	Cindy Kartman Heidi Larson	(608) 789-6276 kartmanc@westernnc.edu (608) 789-7590 larsonh@cityoflacrosse.org
VETERANS AFFAIRS MEDICAL CENTER NUTRITION PROGRAMS MOVE WEIGHT REDUCTION PROGRAM	Nutrition and weight reduction programs and counseling	Adams, Clark, Crawford, Jackson, Juneau , La Crosse, Lincoln, Marathon, Monroe, Portage, Price, Taylor, Trempealeau, Vernon, Waushara, and Wood Counties in Wisconsin; Houston County in Minnesota	No contact listed	(608) 372-3971 Ext. 6066
MAYO CLINIC HEALTH SYSTEM – FRANCISCAN HEALTHCARE – ONALASKA WEIGH TO GO BEHAVIORAL HEALTH COUNSELING	Nutrition therapy. weight loss assistance program	Buffalo, Crawford, Jackson, La Crosse, Monroe, Trempealeau, and Vernon Counties in Wisconsin; Fillmore and Houston Counties in Minnesota; Allamakee County in Iowa	Carol Schmidt, Clinic Administrator	(608) 392-5000