



How is your community faring?

Monroe County

# Acknowledgments

COMPASS Now 2021 would like to acknowledge and offer much gratitude to the following people and organizations for their time, commitment and expertise in the creation of this report.

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#### **Financial Contributors**

Great Rivers United Way
Gundersen Health System
Gundersen St. Joseph's Hospital and Clinics
Gundersen Tri-County Hospital and Clinics
Houston County Public Health
La Crosse Community Foundation
La Crosse County Health Department
Mayo Clinic Health System – La Crosse
Mayo Clinic Health System – Sparta
Monroe County Health Department
Tomah Health
Trempealeau County Health Department
Vernon County Health Department
Vernon Memorial Healthcare

#### **Additional Support**

Lori Arndt, Kaila Baer, Katie Berkedal, Teri Booth, Teaghan Carter, Becky Kilen, Catherine Kolkmeier, Danielle Krozel, Brittany Kuschel, Katie Lelonek, Gabrielle Lentz, Julie Nelson, Heidi Odegaard, Barb Oehninger Shepherd, Adrianne Olson, Emily Olson, Lindsey Purl, Nikki Rindal, Lindsay Rooyakkers, Katie Rubin, Sara Rugg Jackson, Katie Sparks, Curt Teff, Michelle Vitse, Abby Waters, Anna Yesbeck, Judi Zabel, Jackie Zimmermann

#### Other Thanks

Thank you to the residents of Buffalo, La Crosse, Monroe, Trempealeau, and Vernon counties in Wisconsin and Houston County in Minnesota for completing the Random Household Survey in July and August of 2020 and the Convenience Survey in October and November of 2020; your responses laid the foundation of the assessment.

Additionally, thank you to all of the key informants who gave interviews for lending your thoughts and voices to an otherwise quantitative process during November and December of 2020.

Finally, thank you to everyone that was able to attend and participate in the county Stakeholder meetings. Your assistance in identifying and prioritizing the top needs of the region and counties involved in this process will help drive positive change throughout the region and assist many area residents. The following is a list of organizations that participated in the Stakeholder meetings in the region and is not inclusive of all of the representatives from the organizations that participated in this process:

#### List of Organizations that Participated in Community Stakeholder Meetings

AJ Falkers Counseling and Consulting Services

**American Red Cross** 

APTIV, Inc.

Arcadia Ambulance Service Arcadia Middle School Arrow Behavioral Health

At Home Care of Western Wisconsin

Big Brothers Big Sisters of the 7 Rivers Region

Blair-Taylor High School

**Bridges Health** 

Buffalo County Health Department Caledonia Area Public Schools Center for Special Children-LFMC Children's Museum of La Crosse

Cia Siab, Inc.
City of Caledonia
City of Fountain City
City of Hillsboro
City of La Crosse

Community & Economic Development Associates

Co-op Credit Union Coulee Region RSVP Couleecap, Inc.

Cross of Christ Lutheran Church

Crossing Rivers Health

ESB Bank

Families First of Monroe County, Inc.

Family & Children's Center Flocks Guardians Inc. Great Rivers HUB Great Rivers United Way Gundersen Health System Gundersen Medical Foundation

Gundersen St. Joseph's Hospital and Clinics Gundersen Tri-County Hospital and Clinics

Hale Fire/First Responders Hamilton Community School Hillsboro School District Hillsboro Sentry-Enterprise

**Houston County** 

Houston County Economic Development Authority Houston County Public Health & Human Services

**Houston Public Schools** 

Inclusa

Independence Public Library Independence School District Independent Living Resources

Kwik Trip

La Crescent Area Chamber of Commerce & Tourism

La Crescent Montessori & STEM School La Crescent-Hokah Public Schools La Crosse Community Foundation

La Crosse County

La Crosse County Health Department La Crosse County Historical Society La Crosse County Human Services

La Crosse Medical Health Science Consortium

La Crosse Milling Company

La Farge School District

Lifestyle Fitness

Lokens Sawmill Inn & Suites Mayo Clinic Health System

Mayo Clinic Health System Sparta Family Medicine Clinic

MiEnergy Cooperative

Mobile Meals

Monroe County Department of Human Services

Monroe County Government Monroe County Health Department Monroe County Justice Programs

Neighbor for Neighbor Neighbors in Action Next Chapter La Crosse

Norwalk-Ontario-Wilton School District

Optum

Pilgrims Pride Arcadia Wisconsin

Royal Bank Royal Credit Union

Scenic Bluffs Community Health Center

Second Harvest Foodbank of Southern Wisconsin

Semcac SmoothToe

Sparta Area Chamber of Commerce

Sparta Area School District

Sparta Free Library

Spring Grove School District

St. John's Alma

St. Michael's Assisted Living

State of Wisconsin, Department of Military Affairs

The Parenting Place

The Salvation Army of La Crosse County

Tomah Area School District

Tomah Chamber and Visitors Center

Tomah Health

Tomah Police Department Tomah VA Medical Center Trempealeau County Trempealeau County Board

Trempealeau County Department of Human Services

Trempealeau County Health Department Tri-County Communications Cooperative

Triple Brook Farms, Inc

University of Wisconsin Extension

UW-Madison

**UW-Madison Division of Extension Monroe County** 

**UW-Madison Extension** 

VARC, Inc. Vernon Area Rehabilitation Center

Vernon County

Vernon County Emergency Management Vernon County Health Department

Vernon Electric Coop

Vernon Memorial Healthcare

Western Wisconsin Women's Business Center

Wisconsin State Legislature Workforce Connections, Inc.

Xcel Energy YWCA La Crosse

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# **United Great Rivers United Way** If you find the contents of this report useful, please consider supporting our work by making a financial contribution to Great Rivers United Way at greatriversunitedway.org **DONATE NOW**

# Introduction

Compass Now is a joint effort of Great Rivers United Way, area healthcare organizations, and county health departments to improve the quality of life for everyone in the community. This introductory section outlines the purpose and additional elements of the study framework. Section 2 of the report provides detailed analysis of community indicators and insights gathered for this study.

## Purpose of the Study

This report is the latest in a series of Compass Now needs assessments and reports published since 1995. In response to these reports, Great Rivers United Way has focused its funding system to more closely reflect identified community needs. In addition, a wide array of community organizations have used report findings to shape their own priorities and support grant requests.

The purpose of this Compass Now 2021 report is to provide an updated assessment of community needs that can be used to inform community action strategies by stakeholders across the region. The Compass Now 2021 study is focused on communities within a six-county region including Buffalo, La Crosse, Monroe, Trempealeau, and Vernon counties in Wisconsin, and Houston County in Minnesota. Reports are available for the six-county region and for each county within the region. This report describes needs within Monroe County.



#### **2020 Population Estimate**

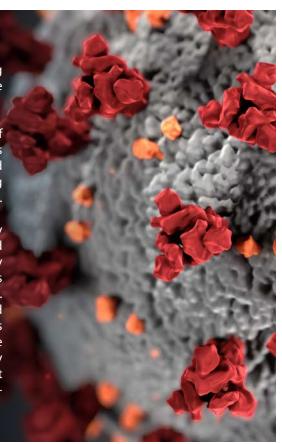
Buffalo	13,534	
Houston	19,527	
La Crosse	120,515	
Monroe	46,889	
Trempealeau	30,097	
Vernon	31,029	
Region	261.591	

Exhibit 1.1 - The Study Region. Source: CHS analysis of population estimates published by ESRI. See Appendix A for details.

## Adjusting to COVID-19

The Compass Now study described in this report was conducted during 2020, and consequently affected by disruptions caused by COVID-19. These disruptions required two primary adjustments to the study.

- One adjustment involved postponement of a planned set of community meetings. The original study plan envisioned a series of community meetings in 2020 to gather insight about needs and action ideas from local stakeholders. Because of social distancing requirements, the community meetings were postponed to 2021.
- A second adjustment involved the process for surveying community members. The original study plan was to conduct a random household survey with community members across the region, supplemented by a 'convenience survey' and set of interviews with community members who might be under-represented in the random household survey. The convenience survey and interviews would have been conducted in community settings convenient to the prospective respondents. As a result of COVID-19 restrictions, the convenience surveys had to be conducted electronically, and the group interviews with community members could not be conducted in public spaces. As a result, we expect that some community members who could have participated in a face-toface meeting were not able to participate in an electronic format.



## Study Methods and Data Sources

The study was conducted under the direction of Great Rivers United Way, with technical support from a contracted consultant (Community Health Solutions). The study was guided by a *Compass Now Steering Committee* comprised of stakeholders from public health, health care, and other community sectors. The Steering Committee members provided guidance on the study scope and methods, including the adjustments made in response to COVID-19. The Steering Committee members also provided liaisons to engage community organizations in promoting participation in the convenience survey conducted for the study.

The study methods included analysis of community indicators from various sources, and community insights provided by respondents to a random household survey and a supplemental convenience survey. The study methods are summarized below, with more details provided in <u>Appendix A.</u>

#### **Community Demographics**

A community demographic profile can provide insight about the size and distribution of the population in terms of healthsensitive attributes such as age, sex/gender, race, ethnicity, and income. Community demographics were analyzed and mapped using data and software from ESRI, a commercial provider of community data.

#### **County Health Rankings**

<u>The County Health Rankings & Roadmaps program</u> is a collaboration between the <u>Robert Wood Johnson Foundation</u> and the <u>University of Wisconsin Population Health Institute</u>. The goals of the program are to:

- Build awareness of the multiple factors that influence health.
- Provide a reliable, sustainable source of local data and evidence to communities to help them identify opportunities to improve their health.
- Engage and activate local leaders from many sectors in creating sustainable community change.
- Connect and empower community leaders working to improve health.

As illustrated in *Exhibit 1.2*, the County Health Rankings are based on a model of community health that emphasizes the many factors that influence how long and how well we live. The Rankings use more than 30 measures that help communities understand how healthy their residents are today (health outcomes) and what will impact their health in the future (health factors).

#### **Additional Community Indicators**

Indicators from the County Health Rankings are supplemented with additional indicators from sources in the local region. These supplemental indicators include:

- · Leading causes of death
- Maternal and infant health indicators
- Prevalence of mental health conditions and treatment gaps
- Asset-Limited, Income-Constrained, Employed (ALICE) households
- · Child services cases.

The indicators are provided in several sections of the report, along with notes on specific data sources.

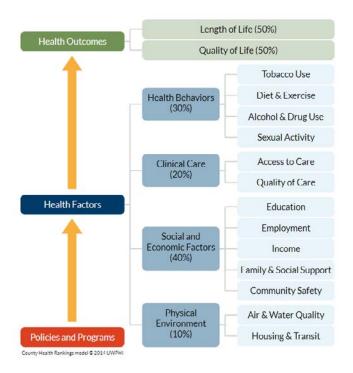


Exhibit 1.2 - The County Health Rankings Model Source: University of Wisconsin-Madison Population Health Institute. County Health Rankings. Retrieved in December 2020 from http://www.countyhealthrankings.org

#### **Random Household Survey**

A random household survey (RHS) of community residents was conducted in July-September of 2020. The survey was mailed to 6,000 randomly selected households using a sampling strategy designed to produce a target number of at least 100 survey responses from each of the six counties. In addition, within each county the mail-out was designed to over-sample from census tracts with relatively low income to help assure that lower-income community residents were represented. Great Rivers United Way staff and volunteers entered the survey data into a Qualtrics survey portal provided by Community Health Solutions.

#### **Convenience Survey**

A supplemental convenience survey (CS) was conducted in October-November 2020. The purpose of the CS was to generate additional survey responses from populations that may have been under-represented in the RHS. The CS was primarily conducted using mixed methods, and respondents could either complete their survey online or submit a paper copy of their survey response. Great Rivers United Way staff and volunteers entered paper survey responses into a Qualtrics survey portal provided by Community Health Solutions.

A profile of RHS and CS respondents from Monroe County is provided in *Exhibit 1.3*. As shown in the second column of the exhibit, a total of 91 RHS respondents returned their surveys, for a response rate of 9%. Compared to population estimates for Monroe County, the RHS responses included a higher percentage of older adults than the population as a whole, and skewed toward respondents self-identifying as female and of White race. The household income profile for RHS respondents was fairly representative of the population as a whole, with slightly more representation at lower income levels. These differences between the RHS respondents and the overall population should be considered when evaluating the survey results presented throughout the report.

Exhibit 1.3 also provides a profile of 87 Monroe County Residents who responded to the CS respondents. Compared to the RHS, the CS yielded higher proportional representation of adults under age 65+, females, and minority residents. The CS results are presented alongside the RHS results throughout the report to provide a multi-method profile of survey responses. The two surveys were not combined because they are based on two fundamentally different sampling strategies.

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Exhibit 1.3 Profile of Community Survey Respondents from Monroe County

Indicator	Random Household Survey (RHS) Respondents	Convenience Survey (CS) Respondents	Regional Population Estimates
Total	91	87	35,648 (age 18+)
Age			
18-29	1%	11%	19%
30-44	11%	44%	23%
45-64	29%	40%	35%
65+	58%	6%	23%
Sex or Gender			
Female	58%	80%	49%
Male	41%	15%	51%
Self-Identified	1%	5%	
Prefer not to answer	<1%	<1%	
Race			
American Indian	0%	2%	1%
Asian	0%	<1%	1%
Black / African American	1%	5%	2%
Other race	<1%	2%	2%
Pacific Islander	<1%	<1%	<1%
Two or more races	<1%	5%	2%
White	99%	86%	91%
Ethnicity (Residents of Hispanic and H	Hmong ethnicity are also counted in the Rac	e category.)	
Hispanic, Latino,			
or Spanish origin	0%	12%	5%
Hmong origin	<1%	<1%	-
Household Income			
Less than \$15,000	10%	10%	9% (age 18+)
\$15,000 to \$24,999	9%	17%	8%
\$25,000 to \$34,999	14%	6%	8%
\$35,000 to \$49,999	11%	12%	15%
\$50,000 to \$74,999	18%	13%	20%
\$75,000 to \$99,999	17%	24%	17%
\$100,000 to \$149,999	15%	11%	15%
\$150,000 to \$199,999	2%	4%	5%
\$200,000 and over	2%	2%	3%
Housing Type			
Owner-occupied	81%	65%	70%
Renter	17%	26%	30%
Other arrangement	2%	9%	

Note: The age profile is for county residents age 18+. Profiles for sex or gender, race and ethnicity, household income, and housing type are for all age groups in the county. Source: CHS analysis of population estimates published by ESRI. See Appendix A for details.

## Limitations of this Report

This Compass Now 2021 report is intended to inform community action strategies by stakeholders across the region. The data presented within the report comes from multiple sources, each with its own set of limitations that should be considered when interpreting the results.

#### **Scope of Community Indicators**

Section 2 of the report provides a series of exhibits showing various community indicators along with community insights from survey responses. The report was not designed to include every possible indicator of community health and well-being, partly because some of the data sources tapped for the 2018 Compass Now report are no longer available. The report does present a core set of community indicators that can be helpful for planning community improvement strategies. We encourage readers to use this report as a starting point, and go beyond the report to seek additional data and information that can help you plan and implement effective strategies for community improvement. Some data indicators contained in prior reports were not available, updated or deemed valid for this report.

#### **County Health Rankings**

The County Health Rankings are developed from multiple data sources with varying levels of reliability, and some of these data sources are several years old. Consequently, the rankings and indicators do not provide precise and definitive evidence on where one county stands compared to another. However, in most cases the rankings and indicators are reliable enough to illustrate general community strengths and areas of concern, and they can be helpful for informing efforts to improve community health and well-being.

#### **Random Household Survey**

The RHS was randomized by mailing address in an effort to give every household in the region an equal chance of receiving and completing the survey. The survey mailout to 6,000 households was stratified by county to assure that every jurisdiction would be represented. Within each county the survey was designed to over-sample from census tracts with relatively low income so that this population could be represented as well. As outlined in Exhibit 1.3, the RHS responses were significantly skewed toward older residents, and skewed to a lesser extent toward whites and lower income households. Consequently, we cannot say that the survey results are exactly representative of each county and the region as a whole. As a general guide, it is reasonable to assume the percent estimates in the regional RHS results are probably accurate within a margin of error of plus or minus 5%. At the county level, it is reasonable to assume the results are probably accurate within a margin of error of plus or minus 10%.

#### **Convenience Survey**

The purpose of the CS was to generate additional survey responses from populations that may have been underrepresented in the RHS. The CS was primarily conducted using mixed methods, and respondents could either complete their survey online or submit a paper copy of their survey response. Because the CS was not randomized across the region, it cannot meet the same standards of statistical significance as the RHS. In considering the CS results, it will be helpful to know the results are significantly skewed toward adults under age 45 and women, and skewed to a lesser extent toward minority populations and middle-income households. As noted earlier, the CS results are presented alongside the RHS results throughout the report to provide a multi-method profile of survey responses. The two surveys were not combined because they are based on two fundamentally different sampling strategies.

#### **Respondent Perceptions.**

Both the RHS and CS asked respondents to share their insights about a wide range of factors at the individual, household, and community level. Many of the survey questions rely on respondent perceptions of community concerns and community supports. Perceptions are subjective and based on the unique experience of each individual respondent. A respondent's perception of a community issue reflects their reality, but might not reflect the actual situation in the community.

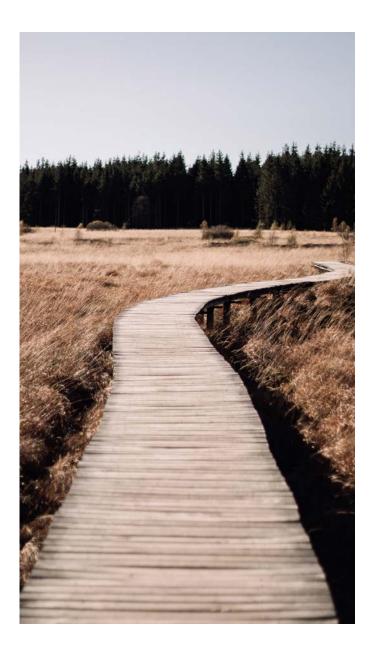
## Bridging the Compass Now 2018 and 2021 Reports

The Compass Now 2021 study and report were framed and designed to provide continuity with the 2018 Compass Now Report where it was feasible and advisable to do so. For example, the main topics in Section 2 (Length and Quality of Life, Health Behaviors, etc.) reflect the main topics in the 2018 Compass Now report with a few minor exceptions. The designs for the 2020 RHS and CS were also crafted to reflect the 2018 approach, with some adjustments for sampling and refinement of survey questions. And like the 2018 report, Compass Now 2021 relies heavily on the County Health Rankings from the University of Wisconsin-Madison Population Health Institute. However, some of the community data sources used in 2018 were not available in a usable format for the 2021 report.

Although there is general continuity of structure between the 2018 and 2021 reports, caution should be used when comparing the results. One consideration is most of the community indicators in the 2021 report are several years old, and the same was true for the 2018 report. This problem of 'data lag' is a challenge not only for the Compass Now study series, but also for every community needs assessment that relies on secondary sources of data. Consequently, it is not possible to measure improvement on community indicators from 2018 to 2021 in a relevant and reliable way.

Another methodological consideration is the degree of comparability between the random household survey results from the 2018 and 2021 reports. One consideration is the 2018 and 2021 survey results were generated by two different survey populations that likely had some overlap but cannot be reliably compared. A second consideration is that much has changed in the community environment since 2018, including but not limited to the effects of the pandemic. As general guidance, it is best to view the survey results from 2018 and 2021 as two snapshots of different populations within the same communities.

As a final consideration, this report is not intended as a scorecard on the relative health and well-being of one county compared to another. Throughout the report we provide county-level indicators on a number of community issues. However, these indicators are not structured to support reliable comparisons between counties. To illustrate this point, although the County Health Rankings do provide a relative ordering of counties on various indicators, in many cases the differences in ranking are not based on statistically significant differences in the underlying data used to generate the rankings. Beyond statistics, each county has its own unique set of factors that influence the health and well-being of the population. We recommend focusing on how to sustain strengths and address challenges within each county rather than comparing counties in scorecard fashion.



# How is Monroe County Faring?

This section summarizes data on how Monroe County region is faring today. The data include community health indicators from various sources, and community insights from the random household survey (RHS) and the convenience survey (CS).

## The Six-County Region

The six-county region is diverse in terms of population size, selected demographic indicators, and overall health rankings. This section provides a demographic overview of the region and a summary of County Health Rankings for the region.

## **Section Outline**

## **The Six-County Region**

Demographic Profile Summary of County Health Rankings

## **Length and Quality of Life**

Community Indicators Community Insights

## **Health Behaviors and Concerns**

Community Indicators
Community Insights

#### **Health Care**

Community Indicators
Community Insights

#### **Social and Economic Factors**

Community Indicators
Community Insights

## **Physical Environment and Safety**

Community Indicators
Community Insights



## **Demographic Profile**

As shown in *Exhibit 2.1*, the six-county region is home to an estimated 261,591 residents. Within the Monroe County (MO) population of 46,889, an estimated 24% are children age 0-17, and an estimated 18% are adults age 65+. About eight percent of the population is classified as minority, and about 17% of households have annual income below \$25,000.

Exhibit 2.1 2020 Demographic Profile of the Region

Indicator	BU	но	LC	МО	TR	VE	REGIONAL TOTAL
2020 Total Population	13,534	19,527	120,515	46,889	30,097	31,029	261,591
Age							
Age 0-17	19%	21%	21%	24%	22%	24%	22%
Age 18-29	12%	13%	21%	14%	13%	13%	17%
Age 30-44	16%	17%	17%	18%	18%	16%	17%
Age 45-64	29%	28%	24%	27%	28%	27%	26%
Age 65+	23%	21%	17%	18%	19%	21%	18%
Sex or Gender							
Female Population	49%	50%	51%	49%	49%	50%	50%
Male Population	51%	50%	49%	51%	51%	50%	50%
Race							
American Indian/ Alaska Native Population	0%	0%	0%	1%	0%	0%	1%
Asian Population	1%	1%	5%	1%	1%	1%	3%
Black/African American Population	1%	1%	2%	2%	1%	1%	1%
Other Race Population	1%	0%	0%	2%	7%	1%	2%
Pacific Islander Population	0%	0%	0%	0%	0%	0%	0%
Population of Two or More Races	1%	2%	2%	2%	2%	1%	2%
White Population	96%	97%	91%	91%	90%	97%	92%
Ethnicity (Residents of Hispanic ethnicity are also cour	nted in the Ra	ce category.)					
Hispanic Population	2%	1%	2%	5%	10%	2%	3%
Household Income							
Household Income less than \$15,000	8%	7%	8%	9%	8%	12%	9%
Household Income \$15,000-\$24,999	10%	8%	8%	8%	9%	11%	9%
Household Income \$25,000-\$34,999	8%	8%	11%	8%	10%	9%	10%
Household Income \$35,000-\$49,999	13%	15%	14%	15%	14%	14%	14%
Household Income \$50,000-\$74,999	23%	22%	18%	20%	20%	20%	19%
Household Income \$75,000-\$99,999	15%	13%	13%	17%	15%	14%	14%
Household Income \$100,000-\$149,999	14%	17%	17%	15%	15%	14%	16%
Household Income \$150,000-\$199,999	5%	5%	5%	5%	5%	3%	5%
Household Income \$200,000 or greater	3%	3%	5%	3%	3%	4%	4%
Housing Type							
Owner Occupied Housing Units	75%	80%	61%	70%	71%	77%	68%
Renter Occupied Housing Units	25%	20%	39%	30%	29%	23%	32%

Source: CHS analysis of population estimates published by ESRI. See Appendix A for details.

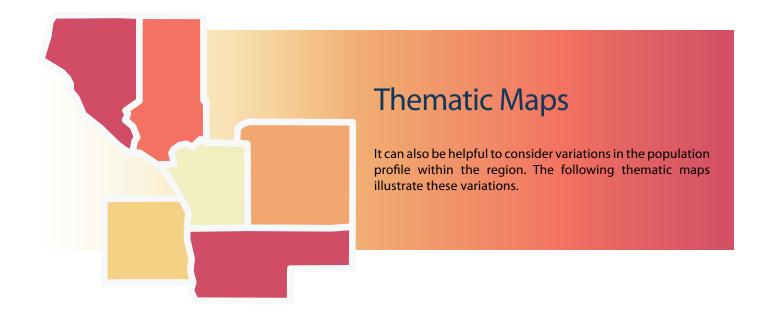


Exhibit 2.2 provides a closer look at the Monroe County population by age. Within the county population of 46,889 there are an estimated 11,361 children age 0-17, and 8,298 adults age 65+. Looking ahead to 2025, overall population growth for Monroe County is projected to be 2%, with the most substantial growth (16%) projected for the older-adult population.

**Exhibit 2.2 Population Estimates and Projections** 

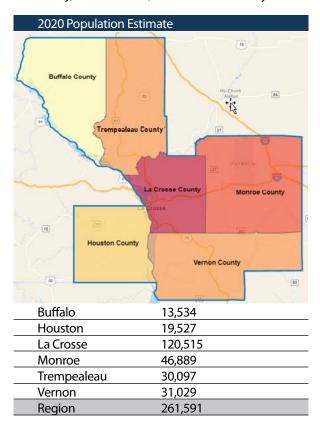
Indicator	BU	НО	LC	МО	TR	VE	REGIONAL TOTAL
Total Population Growth							
2020 Total Population 2025 Total Population 2020-2025 % Change-Total Population	13,534 13,465 -1%	19,527 19,720 1%	120,515 123,404 2%	46,889 47,982 2%	30,097 30,754 2%	31,029 31,802 2%	261,591 267,127 2%
Children Age 0-17							
2020 Population Age 0-17 2025 Population Age 0-17 2020-2025 % Change- Population Age 0-17	2,645 2,673 1%	4,051 4,159 3%	23,734 24,300 2%	11,361 11,780 4%	6,740 6,957 3%	7,468 7,715 3%	55,999 57,584 3%
Adults Age 65+							
2020 Population Age 65+ 2025 Population Age 65+ 2020-2025 % Change- Population Age 65+	3,062 3,580 17%	4,154 4,884 18%	20,725 24,113 16%	8,298 9,647 16%	5,733 6,712 17%	6,402 7,578 18%	48,347 56,514 17%

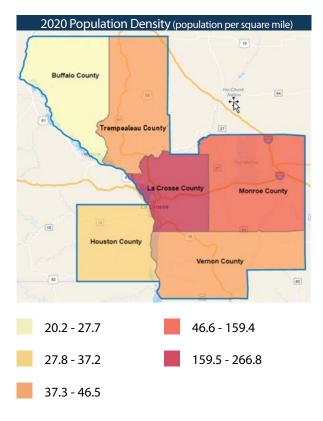
Source: CHS analysis of population estimates published by ESRI. See Appendix A for details.



## **Exhibit 2.3 Total Population by County**

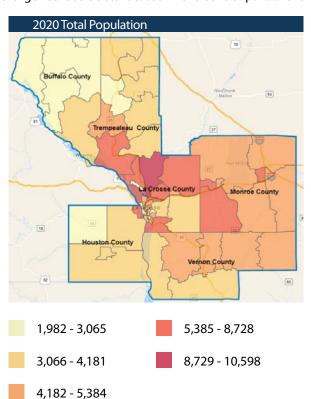
**Population by County.** *Exhibit 2.3* shows how the six counties vary in estimated population size from a high of 120,515 in La Crosse County, to a low of 13,534 in Buffalo County.

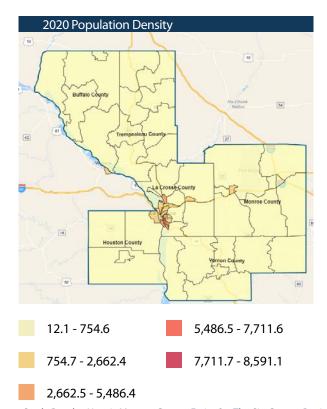




## Exhibit 2.4 Total Population by Census Tract

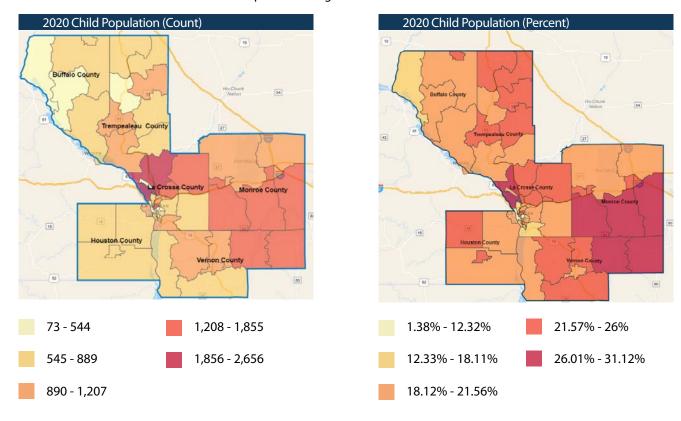
**Population by Census Tract.** *Exhibit 2.4* provides a closer look at the estimated population by census tract, with most of the larger census tracts located in the central part of the region.





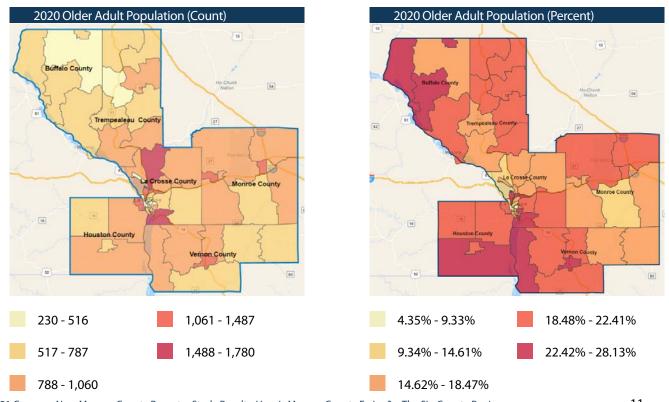
## Exhibit 2.5 Child Population by Census Tract

**Child Population.** *Exhibit 2.5* shows the estimated distribution of the child population, with higher numbers of children in census tracts located in the central and eastern part of the region.



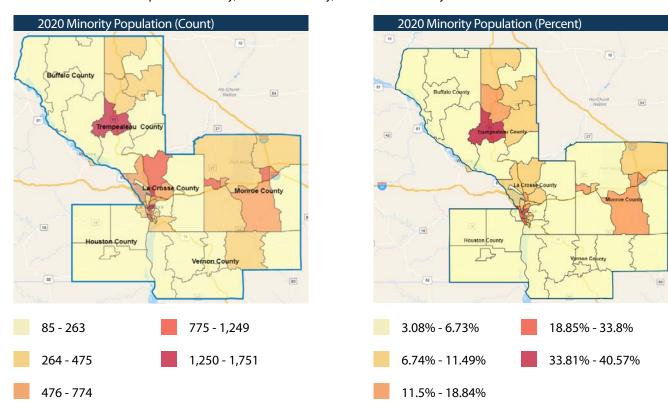
## Exhibit 2.6 Older Adult Population by Census Tract

**Older Adult Population.** *Exhibit 2.6* shows the estimated distribution of the older adult population, with higher numbers in La Crosse County and selected census tracts in Monroe County and Vernon County.



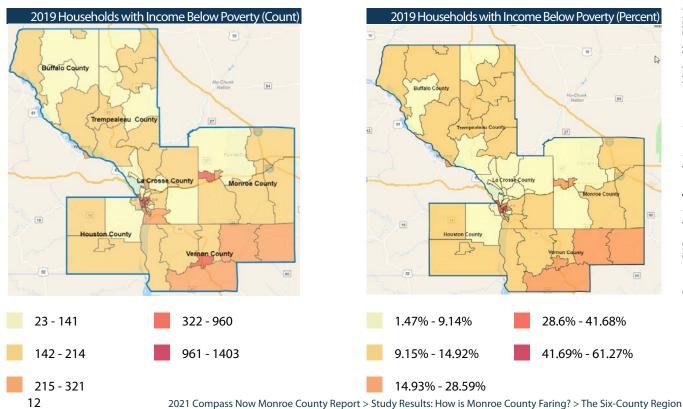
## Exhibit 2.7 Minority Population by Census Tract

**Minority Population.** *Exhibit 2.7* shows the estimated distribution of the minority population, with higher numbers within census tracts located in Trempealeau County, La Crosse County, and Monroe County.



## Exhibit 2.8 Households with Income below Poverty by Census Tract

**Low-Income Households.** *Exhibit 2.8* shows the estimated distribution of households within poverty, with higher numbers within census tracts located in La Crosse County, Monroe County, and Vernon County.





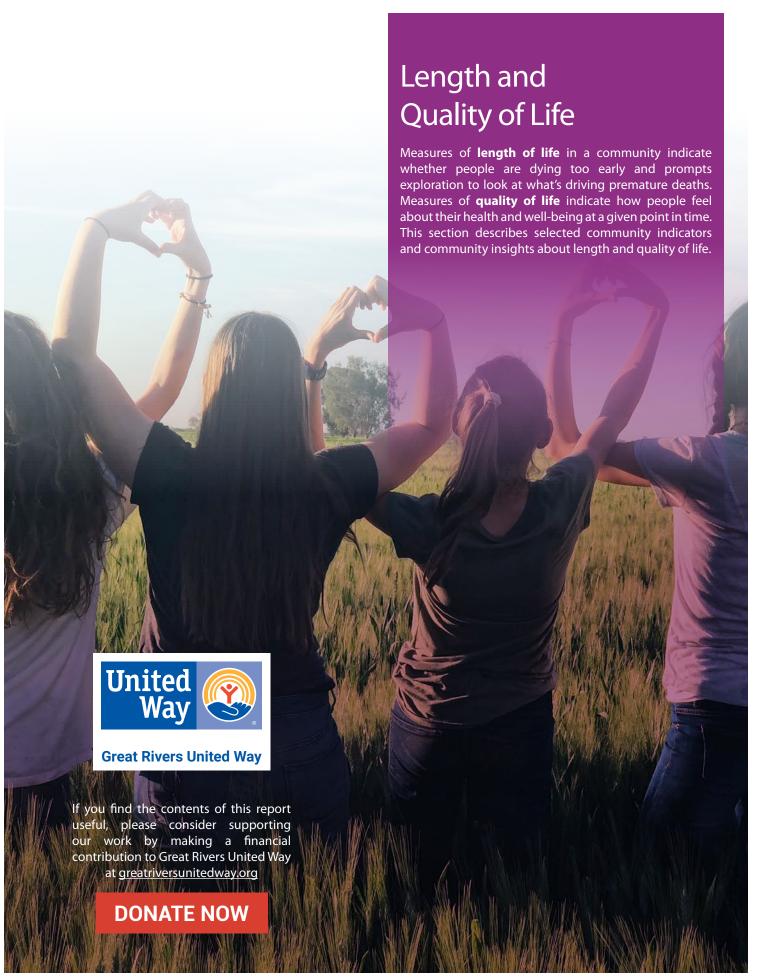
## **Summary of County Health Rankings**

Exhibit 2.9 provides a profile of the County Health Rankings for Monroe County (MO) and the rest of the six-county region. Within the exhibit, the Wisconsin counties are ranked among all 72 counties in the state. The top half of the exhibit shows where each county ranks on the indicators shown. Green shading indicates a ranking in the 1st (best) quartile, with blue, yellow, and red shading indicating the 2nd, 3rd, and 4th quartile. The bottom part of the exhibit shows trends for the six counties.

As shown in the upper part of the exhibit, Monroe County ranks in the 2nd quartile on measures of clinical care and social & economic factors. Monroe County ranks in the 3rd or 4th quartile on measures of health outcomes, length of life, quality of life, health factors, health behaviors, and physical environment. The rankings and trends are explored in more detail in the following pages.

Exhibit 2.9 County Health Rankings Summary for 2020

	BU	НО*	LC	МО	TR	VE		
Health Outcomes	25	11	28	49	50	18		
_ength of Life	22	12	30	55	51	18		
Quality of Life	32	14	38	39	45	23		
Health Factors	17	14	4	39	26	49		
Health Behaviors	8	8	13	62	28	34		
Clinical Care	43	6	1	27	47	60		
Social & Economic Factors	28	32	7	34	18	36		
Physical Environment	24	70	16	53	47	61		
lanking Key:  1st (best) quartile  lote: *Houston County is ranked among all Minnes	2nd quartile sota counties.		3rd quartile		4th quartile			
ength of Life								
remature death	В	В		В	В	В		
Health Behaviors								
dult obesity	<b></b>	W	W	W	W	W		
Physical inactivity	W	W	W					
Ncohol-impaired driving deaths		В			W	W		
exually transmitted infections	W		W	W		W		
Clinical Care								
	В	В	В	D	В	D		
Jninsured	W	В		В	D	B B		
Primary care physicians	B	В	В	В	В	В		
Dentists				В	В	В		
reventable hospital stays	В		В	В	В	В		
Mammography screening				В	В			
lu vaccinations			-	В	D			
ocial & Economic Factors								
Inemployment								
Children in poverty	W			W	W	W		
iolent crime			В					
hysical Environment								
ir pollution – particulate matter	В	В	В	В	В	В		
Trend Key:  B Getting better  No trend  Source: University of Wisconsin-Madison Population Health Institute. County Health Rankings.  Retrieved in December 2020 from http://www.countyhealthrankings.org								





## **Community Indicators**

Community indicators presented below include County Health Rankings, leading causes of death, and maternal and infant health indicators.

**County Health Rankings.** *Exhibit 2.10* shows the County Health Rankings for length and quality of life. As shown, Monroe County ranks in the fourth quartile on the length of life measure, and the third quartile for quality of life. The length and quality of life rankings are based on the indicators shown in the exhibit. Focusing on trends, Monroe County is improving on the premature death measure.

# Exhibit 2.10 County Health Rankings for Length and Quality of Life

	BU	НО*	LC	МО	TR	VE	MN*	WI	
Rankings									
Length of Life Rank	22	12	30	55	51	18			
Quality of Life Rank	32	14	38	39	45	23			
Ranking Key: 1st (best) quartile		2nd quartile		3rd qua	artile	4	th quartile		
Indicators									
Premature death** (2016-18)	5,900	4,500	6,100	6,900	6,800	5,700	5,300	6,400	
Poor or fair health (2017)	13%	11%	12%	13%	13%	14%	12%	17%	
Poor physical health days (2017)	3.4	3	3.4	3.4	3.3	3.7	2.9	3.9	
Poor mental health days (2017)	3.6	3.1	3.6	3.6	3.6	3.8	3.1	4	
Low birthweight (2012-2018)	6%	5%	7%	6%	7%	5%	7%	7%	
Selected Trends									
Premature death rate	В	В		В	В	В			
Trend Key: B Getting better	ting better No trend				W Getting worse				

<sup>\*</sup>Note: Houston County is ranked among all Minnesota counties. Other counties are ranked among all Wisconsin counties. \*\*Premature death is defined as years of potential life lost before age 75 per 100,000 population (age-adjusted).

Retrieved in December 2020 from  $\underline{\text{http://www.countyhealthrankings.org}}$ 

Source: University of Wisconsin-Madison Population Health Institute. County Health Rankings.



**Leading Causes of Death.** To further explore **mortality** in the region, *Exhibit 2.11* shows the leading causes of death as of 2018. As shown, malignant neoplasms and heart disease were the leading causes of death in Monroe County. Other leading causes were chronic lower respiratory diseases, cerebrovascular diseases, accidents (unintentional injuries), and Alzheimer's Disease.

## Exhibit 2.11 2018 Leading Causes of Death in Monroe County

	BU	НО	LC	МО	TR	VE	REGION	MN	WI
Counts-Total Deaths by All Causes									
Total Deaths	130	202	1,043	443	297	294	2,409	44,715	53,680
Counts-Total Deaths by Leading Causes									
Heart Disease	31	53	199	87	69	69	508	8,398	12,053
Malignant Neoplasms	23	44	210	100	58	64	499	9,906	11,454
Accidents (Unintentional Injuries)	9	9	85	16	17	9	145	2,786	3,776
Chronic Lower Respiratory Diseases	10	6	67	27	10	23	143	2,353	2,865
Cerebrovascular Diseases	9	10	54	25	18	21	137	2,268	2,549
Alzheimer's Disease	Χ	15	59	14	10	15	113	2,435	2,452
Rates-Age Adjusted Per 100,000 Population									
Total Deaths	643.1	633.3	672.2	773	744.7	668.1	N/A	647.5	727
Heart Diseases	139.7	131.5	122.9	144.8	149.3	164.1	N/A	118.1	158.6
Malignant Neoplasms	103.3	139.8	135.0	168.5	147.7	147.1	N/A	149.9	152.2
Accidents (Unintentional Injuries)	61.6	47.0	61.1	31.2	26.9	50.6	N/A	43.1	57.3
Chronic Lower Respiratory Diseases	46.8	29	43.5	45.5	49.1	24.8	N/A	36.0	38
Cerebrovascular Diseases	46	29.6	32.2	43.4	45.5	41.5	N/A	33.1	33.6
Alzheimer's Disease	Χ	22.3	34.7	25.1	30.6	23.4	N/A	30.5	31.8

Source: 2018 Wisconsin Dept. of Health Services, Division of Public Health, Office of Health Informatics. Wisconsin Interactive Statistics on Health (WISH) data query system, https://www.dhs.wisconsin.gov/wish/index.htm, Mortality Module, accessed 12/9/2020 and 2018 Minnesota Department of Health County Health Tables accessed 12/9/2020. Note on Cell Suppression and Cells with Counts of Zero: An "X" indicates a value that is less than 5 (but more than 0) and has been suppressed to protect confidentiality.



**Maternal and Infant Health.** Maternal and infant health measures can also provide insight about community quality of life. As shown in *Exhibit 2.12*, there were 608 births in Monroe County in 2018. Of these, 40 (7%) were low-weight births, compared to 8% for Wisconsin as a whole. There were six infant deaths in Monroe County during 2018; with higher rates than Wisconsin as a whole. It is important to note that infant deaths can fluctuate significantly, and one year of data is insufficient to support definitive conclusions about infant mortality rates.

## Exhibit 2.12 2018 Maternal and Infant Health in Monroe County

	BU	НО	LC	МО	TR	VE	REGION	MN	WI
Total Births									
Total Births	136	183	1,176	608	428	401	2,932	67,341	64,143
Low Weight Births									
Total Low Weight Births	6	5	68	40	34	25	178	3,469	4,953
As pct. of Total Births	4%	3%	6%	7%	8%	6%	6%	4%	8%
Infant Deaths									
Infant Deaths	0	0	5	6	5	Χ	16	341	389
Infant Death Rate per 1,000 Live Births	0	0	4.3	9.9	11.7	5.5	5.5	4.7	6.1

Source: 2018 Wisconsin Dept. of Health Services, Division of Public Health, Office of Health Informatics. Wisconsin Interactive Statistics on Health (WISH) data query system, https://www.dhs.wisconsin.gov/wish/index.htm, Mortality Module, accessed 12/9/2020 and 2018 Minnesota Department of Health County Health Tables accessed 12/9/2020.

Note on Cell Suppression and Cells with Counts of Zero: An "X" indicates a value that is less than 5 (but more than 0) and has been suppressed to protect confidentiality.



## **Community Insights**

Community survey respondents were invited to rate various aspects of community life. These ratings can provide insights about the quality of community life in its various dimensions.

**Ratings of Community Life.** Exhibit 2.13 shows ratings of selected aspects of community life on a scale from poor to excellent. The most positive ratings (good or excellent) were provided for Monroe County as a place to live, and for opportunities to volunteer in the community. (As additional context, 47% of RHS respondents and 56% of CS respondents reported they or family members volunteer). The most negative ratings (poor or fair) were for the community as a place where all people are treated respectfully, and a place where people of different cultural/racial/ethnic backgrounds are included in decision making.

Exhibit 2.13 Ratings of Community Life in Monroe County

Topic/Survey	Poor	Fair	Good	Excellent	No Opinion	Total				
a. Rating of your community as a place to	live									
RHS	2%	18%	59%	21%	N/A	91				
CS	1%	26%	66%	7%	N/A	87				
b. Your community as a place that meets y	b. Your community as a place that meets your family's recreational needs (Fine arts, outdoor activities, etc.)									
RHS	8%	28%	51%	7%	6%	88				
CS	10%	41%	44%	5%	0%	87				
c. Opportunities for youth to explore inter	ests and participa	ite in positive	activities.							
RHS	9%	33%	38%	9%	10%	87				
CS	15%	46%	30%	5%	5%	87				
d. Opportunities to volunteer in your com	munity.									
RHS	6%	20%	47%	21%	7%	86				
CS	7%	32%	46%	9%	6%	87				
e. Your community as a place where all pe orientation, income level, disability, or age		espectfully, re	gardless of the	ir race, culture,	religion, gender,	sexual				
RHS	10%	30%	40%	15%	6%	88				
CS	32%	31%	29%	7%	1%	87				
f. Your community as a place where peopl	e of different cult	ural/racial/eth	nic backgroun	ds are included	l in decision-mak	ing.				
RHS	14%	30%	31%	9%	17%	88				
CS	38%	37%	17%	3%	3%	86				



**Ratings of Educational Opportunities.** *Exhibit 2.14* provides a closer view of ratings of educational opportunities. The most positive ratings (good or excellent) were for the community as a place that meets the family's educational needs, availability of early education opportunities, and the quality of K-12 education. The most negative ratings (poor or fair) were for opportunities to obtain additional knowledge or skills, and the availability of community resources to learn new skills or hobbies.

## Exhibit 2.14 Ratings of Educational Opportunities in Monroe County

Topic/Survey	Poor	Fair	Good	Excellent	No Opinion	Total			
a. Your community as a place that meets your family's educational needs									
RHS	2%	14%	47%	21%	16%	87			
CS	2%	30%	51%	10%	7%	87			
b. The availability of early education oppo	ortunities in your c	community (e.c	g., play groups	, Head Start, 4 y	/ear old kinderga	rten)			
RHS	5%	16%	40%	20%	19%	88			
CS	6%	17%	46%	17%	14%	87			
c. The quality of education grades K -12 ir	n your community								
RHS	1%	17%	52%	18%	11%	88			
CS	3%	22%	53%	14%	8%	87			
d. Opportunities to gain additional know	ledge or skills (tuit	ion reimburse	ment, confere	nces, skills train	ning courses, class	ses)			
RHS	11%	33%	30%	10%	15%	87			
CS	20%	47%	21%	3%	9%	87			
e. The availability of community resource	s to learn new skill	ls or hobbies (e	e.g., woodwork	king, photograp	ohy, computers)				
RHS	18%	34%	31%	6%	11%	88			
CS	34%	43%	20%	2%	1%	87			



**Concerns about Community Life.** *Exhibit 2.15* shows ratings of concern about selected issues related to community life. The ratings were mixed, but substantial numbers of Monroe County respondents expressed concern about racism, school bullying, cyber bullying, and discrimination.

## Exhibit 2.15 Concerns about Issues Related to Community Life in Monroe County

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Racism						
RHS	32%	26%	23%	16%	3%	90
CS	15%	23%	21%	40%	1%	86
b. School bullying						
RHS	11%	19%	34%	29%	7%	90
CS	2%	21%	42%	31%	3%	86
c. Cyber bullying						
RHS	13%	20%	27%	33%	7%	89
CS	6%	24%	33%	34%	3%	86
d. Discrimination						
RHS	27%	24%	28%	17%	4%	90
CS	13%	26%	23%	36%	2%	86





## **Community Indicators**

**County Health Rankings.** *Exhibit 2.16* shows the County Health Rankings related to health behaviors. As shown, Monroe County ranked in the 4th quartile for health behaviors, with the other counties ranking in the 1st or 2nd quartile. Recent trends are worsening in multiple counties for obesity, physical activity, alcohol-impaired driving, and sexually transmitted infections.

nty Hea	lth Rar	nkings	for Hea	alth Be	haviors	5	
BU	НО*	LC	МО	TR	VE	MN*	WI
8	8	13	62	28	34		
2nd quartile	•	3r	d quartile		4th o	quartile	
16% 25% 8.4 26% 67% 24% 31% 265.8	14% 29% 8.9 24% 97% 21% 0% 225.1	15% 27% 8.1 23% 89% 27% 30% 414.3 8	16% 38% 8.3 23% 65% 25% 32% 271.8	15% 30% 9.2 24% 82% 26% 42% 332.5 22	17% 32% 8.2 18% 66% 24% 50% 208.1	15% 28% 8.8 20% 87% 22% 30% 422.1	16% 31% 8.8 21% 85% 24% 36% 478.6
		W	W	W	W		
W		W			 \A/	I	
W		W.	 W	VV			
<b>No trend</b> unties. Other co		nked among a	etting worse			•	
	8  2nd quartile  16% 25% 8.4 26% 67% 24% 31% 265.8 10	BU HO*  8 8  2nd quartile  16% 14% 25% 29% 8.4 8.9 26% 24% 67% 97% 24% 21% 31% 0% 265.8 225.1 10 9  W W W B W No trend	BU HO* LC  8 8 13  2nd quartile 3r  16% 14% 15% 25% 29% 27% 8.4 8.9 8.1 26% 24% 23% 67% 97% 89% 24% 21% 27% 31% 0% 30% 265.8 225.1 414.3 10 9 8  W W W W W B W No trend W Go	BU HO* LC MO  8 8 8 13 62  2nd quartile 3rd quartile  16% 14% 15% 16% 25% 29% 27% 38% 8.4 8.9 8.1 8.3 26% 24% 23% 23% 67% 97% 89% 65% 24% 21% 27% 25% 31% 0% 30% 32% 265.8 225.1 414.3 271.8 10 9 8 22  W W W W W W W W W W W W W W W W	BU HO* LC MO TR  8 8 13 62 28  2nd quartile 3rd quartile  16% 14% 15% 16% 15% 25% 29% 27% 38% 30% 8.4 8.9 8.1 8.3 9.2 26% 24% 23% 23% 24% 67% 97% 89% 65% 82% 24% 21% 27% 25% 26% 31% 0% 30% 32% 42% 265.8 225.1 414.3 271.8 332.5 10 9 8 22 22  W W W W W W W W W W W W W W	BU HO* LC MO TR VE  8 8 8 13 62 28 34  2nd quartile 3rd quartile 4th of the company of the compa	Section   Sect



## **Community Insights**

Community survey respondents were asked to rate their personal health and identify concerns about health issues in the community.

**Ratings of Personal Health.** *Exhibit 2.17* shows that among RHS respondents from Monroe County, 28% rated their personal health as fair or poor, 8% rated their overall mental health as fair or poor, and 19% rated their overall dental health as fair or poor. CS respondents had a notably higher percentage of fair or poor ratings for mental health and dental health.

## Exhibit 2.17 Ratings of Personal Health in Monroe County

Topic/Survey	Poor	Fair	Good	Excellent	Total
a. Your overall health.					
RHS	1%	27%	58%	13%	89
CS	6%	19%	63%	12%	84
b. Your overall mental health.					
RHS	1%	7%	73%	19%	89
CS	8%	24%	57%	11%	84
c. Your overall dental health.					
RHS	7%	12%	64%	17%	89
CS	7%	21%	56%	15%	84



**Concerns about Health Issues.** Survey respondents were asked to rate their level of concern about selected health issues in the community. As shown in *Exhibit 2.18*, the majority of survey respondents from Monroe County indicated they were moderately or very concerned about mental health, mental health stigma, alcohol use, obesity, prescription drug misuse, suicide, tobacco use, e-cigarettes & vaping, and illegal drug use.

# Exhibit 2.18 Concerns about Health Issues in the Community

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Mental health						
RHS CS	17% 3%	24% 16%	35% 33%	17% 46%	8% 1%	89 87
b. Mental health stigma						
RHS CS	22% 5%	14% 16%	39% 35%	16% 44%	10% 0%	88 85
c. Alcohol use						
RHS CS	15% 10%	17% 16%	31% 28%	34% 45%	3% 1%	89 87
d. Obesity						
RHS CS	12% 7%	12% 21%	43% 40%	30% 33%	2% 0%	89 86
e. Prescription drug misuse						
RHS CS	17% 9%	17% 15%	27% 29%	33% 46%	6% 1%	88 87
f. Suicide						
RHS CS	18% 9%	22% 18%	38% 34%	17% 36%	4% 2%	89 87
g. Tobacco use						
RHS CS	19% 20%	23% 29%	34% 33%	20% 16%	3% 2%	90 87
h. E-cigarette use/Vaping						
RHS CS	16% 14%	18% 23%	32% 44%	33% 20%	1% 0%	88 87
i. Illegal drug use						
RHS CS	6% 2%	10% 6%	23% 31%	59% 61%	2% 0%	90 87





# **Community Indicators**

Community indicators presented below include County Health Rankings, cancer screening rates, and indicators of mental health needs.

**County Health Rankings.** *Exhibit 2.19* shows the County Health Rankings for clinical care. As shown, Monroe County ranks in the 2nd quartile on this measure. Trends indicate that Monroe County is improving on multiple indicators of clinical care.

Exhibit 2.19 Co	ounty H	lealth F	Ranking	gs for C	Clinical	Care		
	BU	НО*	LC	МО	TR	VE	MN*	WI
Rankings								
Clinical Care Rank	43	6	1	27	47	60		
Ranking Key: 1st (best) quartile	2nd quartile	e	3r	d quartile		4th o	quartile	
Indicators								
Uninsured (2017) Primary care physicians (2017) Dentists (2018) Mental health providers (2019) Preventable hospital stays (2017) Mammography screening (2017) Flu vaccinations (2017)	7% 6,580:1 820:1 6,560:1 3,931 54% 51%	5% 1,440:1 2,060:1 4,640:1 3,895 57% 57%	5% 720:1 1,080:1 320: 1 2,962 62% 59%	8% 1,570:1 1,590:1 670:01 2,825 56% 42%	8% 3,680:1 3,270:1 1,960:1 2,998 54% 46%	11% 960:1 2,570:1 700: 1 3,194 44% 35%	5% 1,120:1 1,390:1 400: 1 6,015 46% 50%	6% 1,270:1 1,460:1 490: 1 3,940 50% 52%
Selected Trends Uninsured	В	В	В	В	В	В		
Primary care physicians	W	В				В		
Dentists	В	В	В	В	В	В		
Preventable hospital stays				В	В	В		
Mammography screening	В		В	В	В	В		
Flu vaccinations				В	В			
Trend Key: B Getting better	No trend		W G	etting worse				
*Note: Houston County is ranked among all Minnesota cou			9	all Wisconsin	counties.			
Source: University of Wisconsin-Madison Population Hea		•	n Rankings.					
Retrieved in December 2020 from <a href="http://www.countyhe">http://www.countyhe</a>	<u>aithrankings.</u>	org						



**Cancer Screening Rates.** *Exhibit 2.20* shows selected cancer screening rates for each county within the region. Screening rates in Monroe County ranged from 76%-82%. Monroe County had a lower screening rate than the Region Total and Wisconsin as a whole for colorectal cancer screening.

Screening rate definitions follow:

- Breast Cancer: The percentage of women aged 50-74, who receive primary care from a Wisconsin Collaborative for Healthcare Quality (WCHQ) member health system and had a minimum of one breast cancer screening test during the two-year measurement period.
- Cervical Cancer Measure: The percentage of adults aged 21-29 who had a minimum of one cervical cancer screening (cytology) test during the 3-year measurement period; and aged 30-64 who had a minimum of one cytology test during the 2-year measurement period or one screening cytology test and an HPV test within the last 5 years.
- Colorectal Cancer Measure: The percentage of adults aged 50-75, who receive primary care from a WCHQ
  member health system and received a screening for colorectal cancer. This could include a colonoscopy in
  the past ten years, a CT colonography or flexible sigmoidoscopy in the past five years, or a stool test within
  the last year.

## Exhibit 2.20 2018 Cancer Screening Rates

	BU	НО	LC	МО	TR	VE	REGION	MN	WI
Rates									
Breast Cancer Screening	76%	85%	87%	82%	79%	81%	84%	N/A	79%
Cervical Cancer Screening	70%	88%	89%	82%	80%	86%	85%	N/A	80%
Colorectal Cancer Screening	69%	82%	81%	76%	73%	76%	78%	N/A	83%
Source: 2019 and 2020 Health Disparities Repor					/3%	76%	/8%	N/A	83



**Mental Health Care.** Selected mental health indicators are shown in *Exhibit 2.21*. Focusing on estimates for adults in Monroe County, more than 6,256 individuals experienced a mental illness in 2017. Of these, 2,486 received mental health services, while more than 3,770 (60%) did not receive services. Among children and youth in Monroe County, 1,789 experienced a mental illness in 2017. Of these, nearly 1,037 received treatment, but 752 (42%) did not receive services.

## Exhibit 2.21 2017 Estimated Mental Health Prevalence and Treatment Gap

	BU	НО	LC	МО	TR	VE	REGION	MN	WI
Adults									
Adults 18+ with Mental Illness	2,996	N/A	17,392	6,256	4,126	4,167	34,937	N/A	828,601
Adults Served	920	N/A	8,392	2,486	1,714	1,862	15,374	N/A	434,636
Unserved Adults	2,076	N/A	9,000	3,770	2,412	2,305	19,563	N/A	393,965
% Unserved Adults	69%	N/A	52%	60%	59%	56%	56%	N/A	47%
Youth									
Youth 5-17 with Mental Illness	676	N/A	3,678	1,789	1,107	1,222	8,472	N/A	200,860
Youth Served	325	N/A	2,576	1,037	503	548	4,989	N/A	126,244
Unserved Youth	351	N/A	1,102	752	604	674	3,483	N/A	74,616
% Unserved Youth	52%	N/A	30%	42%	55%	55%	41%	N/A	37%

Source: 2019 Wisconsin Mental Health and Substance Use Needs Assessment. Wisconsin Department of Health Services-Division of Care and Treatment Services.



## **Community Insights**

**Self-Reported Health Coverage.** Survey respondents were asked to provide information on health coverage for their household. As shown in *Exhibit 2.22*, more than 86% of survey respondents from Monroe County reported all members of their household have health coverage. Among RHS respondents, the leading types of health coverage were Medicare, employer-based insurance, and private insurance. Among CS respondents, the majority reported employer-based insurance, followed by Medicare, private insurance, and Medicaid.

## Exhibit 2.22 Self-Reported Health Coverage in Monroe County

Do all memb	pers of your	household	have heal	th coverage?

Topic/Survey	Yes, all members have health coverage	No, one or more members do not have health coverage	Total
RHS	97%	3%	89
CS	86%	14%	85

#### Do any members of your household have the following types of health insurance? (check all that apply)

Туре	RHS	CS
Medicare	40%	18%
Private Insurance	24%	17%
Employer Based Insurance	26%	40%
Medicaid (Badger Care/Medical Assistance)	5%	16%
Other	5%	5%
Not Applicable-No one in my household has health insurance	0%	5%



Ratings of Health Care Access and Affordability. Survey respondents were asked to rate their ability to access and afford health services including healthcare, mental health care, and dental care. As shown in *Exhibit 2.23*, the large majority of survey respondents from Monroe County rated their access and ability to afford services as good to excellent. However, sizable percentages reported poor or fair ratings for access and affordability. Focusing on the RHS results, the percent of respondents reporting poor or fair ability to pay for services was 27% for healthcare, 34% for mental health care, and 28% for dental care. For CS respondents the percent reporting poor or fair ability to pay for services was 35% for healthcare, 43% for mental health care, and 44% for dental care.

## Exhibit 2.23 Ratings of Health Care Access and Affordability in Monroe County

Topic/Survey	Poor	Fair	Good	Excellent	Total
a. Your access to healthcare.					
RHS	2%	6%	46%	46%	89
CS	1%	14%	54%	31%	84
b. Your ability to pay for healthcare.					
RHS	9%	18%	42%	31%	88
CS	15%	20%	42%	23%	84
c. Your access to mental health care.					
RHS	3%	16%	54%	27%	89
CS	10%	23%	49%	19%	84
d. Your ability to pay for mental health care.					
RHS	14%	20%	42%	24%	88
CS	16%	27%	39%	19%	83

## Exhibit 2.23 Ratings of Health Care Access and Affordability (cont.)

Topic/Survey	Poor	Fair	Good	Excellent	Total
e. Your access to dental care.					
RHS	6%	8%	49%	37%	89
CS	7%	18%	46%	29%	84
f. Your ability to pay for dental care.					
RHS	11%	17%	42%	30%	89
CS	20%	24%	37%	19%	84



**Health Care Sources and Obstacles for Adults.** Survey respondents were asked to identify their usual source of health care and any obstacles to receiving health care. As shown in *Exhibit 2.24*, the most commonly cited sources of care were clinics, doctor's offices, and urgent care centers. The most common obstacles to receiving services were scheduling and affordability.

## Exhibit 2.24 Health Care Sources and Obstacles for Adults in Monroe County

## Usual Source of Health Care for Adults

Provider Source	RHS	CS
Clinic	36%	31%
Doctor's Office	24%	25%
Urgent Care	15%	19%
Hospital Emergency Room	12%	9%
VA Medical Center	5%	3%
VA Outpatient Clinic	3%	1%
Internet	3%	6%
Express Care in a grocery or drug store	2%	1%
Free Clinic	2%	2%
I do not have a place that I go most often	0%	4%

## Obstacles to Health Care for Adults

In the last 12 months, was there any time when you needed to see a doctor or other health care provider but did not because of any of the following reasons? (check all that apply)	RHS	CS
Could not schedule the appointment at a convenient time	13%	22%
Could not afford the cost	5%	13%
Did not have insurance	2%	7%
Did not have transportation	2%	7%
There was a language barrier	0%	0%
I could not get childcare	0%	2%
None of the above apply to me	78%	48%



**Dental Visits and Obstacles for Adults.** Survey respondents were asked to identify their most recent dental appointment and any obstacles to dental care. As shown in *Exhibit 2.25*, a large majority of respondents from Monroe County said they had a dental visit within the past year. Eight percent of RHS respondents and 9 percent of CS respondents reported it had been five or more years since their most recent dental visit. The most commonly reported obstacles to dental care were affordability, transportation, and scheduling.

## Exhibit 2.25 Dental Visits and Obstacles for Adults in Monroe County

Most Recent Dental Visit for Adults		
How long has it been since you have seen a dentist for any reason?	RHS	cs
Within the past year	74%	65%
Within the past 2 years	10%	18%
Within the past 5 years	4%	6%
5 or more years	8%	9%
Don't know	3%	2%
Total	89	85
Obstacles to Dental Care for Adults		
Obstacles to Dental Care for Adults  In the last 12 months, was there any time when you needed to see a dentist but did not because of any of the following reasons? (check all that apply)	RHS	CS
In the last 12 months, was there any time when you needed to see a dentist but	RHS 12%	<b>CS</b> 17%
In the last 12 months, was there any time when you needed to see a dentist but did not because of any of the following reasons? (check all that apply)		
In the last 12 months, was there any time when you needed to see a dentist but did not because of any of the following reasons? (check all that apply)  Could not afford the cost Did not have insurance Did not have transportation	12%	17%
In the last 12 months, was there any time when you needed to see a dentist but did not because of any of the following reasons? (check all that apply)  Could not afford the cost Did not have insurance Did not have transportation	12% 10%	17% 5%
In the last 12 months, was there any time when you needed to see a dentist but did not because of any of the following reasons? (check all that apply)  Could not afford the cost Did not have insurance Did not have transportation Could not schedule the appointment at a convenient time There was a language barrier	12% 10% 4%	17% 5% 12%
In the last 12 months, was there any time when you needed to see a dentist but did not because of any of the following reasons? (check all that apply)  Could not afford the cost  Did not have insurance	12% 10% 4% 1%	17% 5% 12% 5%



**Health Care and Dental Visits for Children.** Survey respondents with children in the home were asked to identify a usual source of health care, along with time since the dental visit. As shown in *Exhibit 2.26*, the most commonly reported sources of health care for Monroe County Residents were a clinic, doctor's office, or urgent care center. Focusing on dental care, 100% of RHS respondents and 86% of CS respondents reported their children had a dental visit within the past one or two years.

# Exhibit 2.26 Health Care and Dental Visits for Children in Monroe County

Usual Source of Health Care for Children		
Provider Source	RHS	CS
Clinic	46%	30%
Doctor's Office	31%	27%
Urgent Care	8%	21%
Hospital Emergency Room	8%	8%
Internet	8% 0%	6% 0%
Express Care in a grocery or drug store Free Clinic	0%	0% 3%
We do not have a place that we go most often	0%	4%
Most Recent Dental Visit for Children		
How long has it been since any minor children in the household saw a dentist for any reason?	RHS	CS
Within the past year	89%	71%
Within the past 2 years	11%	15%
Within the past 5 years	0%	8%
5 or more years	0%	4%
Don't know	0%	2%





#### **Community Indicators**

Community indicators presented below include County Health Rankings, low-income households, and child services cases.

**County Health Rankings.** *Exhibit 2.27* shows the County Health Rankings for social and economic factors. As shown, Monroe County ranks in the second quartile statewide. Focusing on selected trends, an increase in the child poverty rate is indicated for Monroe County. In considering these indicators it is important to note the social and economic indicators shown do not reflect the disruptions caused by COVID-19 in 2020.

#### Exhibit 2.27 County Health Rankings for Social and Economic Factors BU **HO**\* LC MO TR VE MN\* WI Rankings Social & Economic Factors Rank 28 34 Ranking Key: 1st (best) quartile 2nd quartile 3rd quartile 4th quartile **Indicators** High school graduation (years vary) 97% 96%\*\* 95% 93% 95% 96% 83% 89% Some college (2014-2018) 62% 73% 79% 63% 58% 56% 75% 69% Unemployment (2018) 3.4% 2.9% 2.6% 2.7% 2.9% 2.9% 2.9% 3.0% Children in poverty (2018) 9% 9% 13% 20% 11% 21% 12% 14% 3.9 Income inequality (2014-2018) 3.9 3.8 4 3.7 4.4 4.3 4.3 Children in single-parent households (2014-18) 22% 29% 23% 24% 27% 18% 28% 32% Social associations (2017) 8.4 14.5 13.7 9.4 12.9 13 13 11.6 Violent crime (2014 & 2016) 55 53 138 140 61 59 236 298 Injury deaths (2014-2018) 64 76 83 62 79 58 65 80 Selected Trends Unemployment --W Children in poverty W W W Violent crime **B** Getting better **Getting worse** Trend Key: No trend

Source: University of Wisconsin-Madison Population Health Institute. County Health Rankings, Retrieved in December 2020 from http://www.countyhealthrankings.org.and Minnesota Report Card accessed March 2020.

<sup>\*</sup>Note: Houston County is ranked among all Minnesota counties. Other counties are ranked among all Wisconsin counties.

<sup>\*\*</sup>High school graduation rate for Houston was calculated to excluded the Minnesota Virtual Learning Academy.



**Low-Income Households.** Household income is a fundamental indicator of health opportunity. As shown in *Exhibit 2.28*, in 2018 there were an estimated 1,955 households in Monroe County with income at or below poverty. Another important indicator is the number of ALICE households. ALICE® is an acronym for Asset Limited, Income Constrained, Employed, and provides a new way of defining and understanding the struggles of households that earn above the Federal Poverty Level, but not enough to afford basic necessities. In 2018, there were an estimated 3,554 households in the region that could be classified as meeting the ALICE criteria.

	BU	НО	LC	МО	TR	VE	REGION	MN	WI
Total Households	5,713	8,181	47,924	17,772	11,936	12,080	103,606	2,185,117	2,359,857
Households in Poverty									
Households at or Below Poverty Percent Households at or Below Poverty	571 10%	736 9%	5,272 11%	1,955 11%	1,074 9%	1,812 15%	11,420 11%	218,512 10%	259,584 11%
ALICE Households									
ALICE Households Percent ALICE	1,200	1,800	12,460	3,554	2,865	2,899	24,778	546,279	542,767
Households	21%	22%	26%	20%	24%	24%	24%	25%	23%



**Child Services Cases.** Child abuse and neglect cases are another indicator of community health and well-being. As shown in *Exhibit 2.29*, in 2019 there were 710 referrals made to Child Protective Services (CPS) in Monroe County, with 58 confirmed child abuse cases, and 59 out-of-home placements.

	Exhib	it 2.29 2	2019 Re	ported	Child Se	ervices	Cases		
	BU	НО*	LC	МО	TR	VE	REGION	MN*	WI
CPS Referrals									
CPS Referrals	160	N/A	891	710	433	284	2,478	N/A	80,709
Child Abuse Cases									
Child Abuse Victims Child abuse rate per	23	N/A	41	58	27	14	163	N/A	4,398
1,000 children	8.6	N/A	1.8	5.0	3.6	1.7	3.1	N/A	3.5
Out of Home Placements	S								
Out of Home Placements	22	N/A	136	59	26	26	310	N/A	7,568

<sup>\*</sup> CPS Referrals and Child Abuse Cases for Minnesota were not included in this report as definitions for cases and referrals in Minnesota may vary from Wisconsin

Source: 2019 Wisconsin Child Abuse and Neglect, and Out of Home Care Reports



#### **Community Insights**

Caring for Vulnerable Persons. Survey respondents were asked if they care for individuals who are aging or have a disability, and to share their insights about community supports for these vulnerable populations. As shown in Exhibit 2.30, 19% of RHS respondents from Monroe County reported they care for an individual that is aging, and 14% reported they help care for an individual with a disability. For CS respondents, 14% help care for an individual that is aging, and 24% help care for an individual with a disability.

#### Exhibit 2.30 Caring for Vulnerable Persons in Monroe County

Survey	Yes	No	Total
RHS	19%	81%	88
CS	14%	86%	85
Do you currently help care for an individua	I that has a disability?		

Do you currently help care for an individual that has a disability?
---

Survey	Yes	No	Total
RHS	14%	86%	88
CS	24%	76%	85



Concerns about Vulnerable Persons. As shown in Exhibit 2.31, well over 50% of survey respondents said they are moderately or very concerned about factors affecting vulnerable persons in the community, including child abuse, domestic abuse, elder abuse, and sexual abuse or violence.

# Exhibit 2.31 Concerns about Vulnerable Persons in the Community

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Child abuse						
RHS	10%	26%	26%	33%	6%	90
CS	6%	27%	28%	36%	2%	85
b. Domestic abuse						
RHS	12%	21%	27%	34%	6%	90
CS	5%	25%	36%	32%	2%	85
c. Elder abuse						
RHS	13%	24%	29%	28%	6%	90
CS	9%	27%	38%	22%	4%	85
d. Sexual abuse or sexual violence						
RHS	11%	23%	28%	30%	8%	90
CS	5%	27%	36%	29%	2%	85



**Community Supports for Vulnerable Persons.** As shown in *Exhibit 2.32*, the majority of RHS respondents from Monroe County gave a good or excellent rating for the community as a place that meets the overall needs of children. The ratings were less favorable (fair or poor) for supports to prevent abuse or neglect of seniors and people with disabilities, support for elderly persons and people with disabilities, and support for victims of abuse and neglect.

# Exhibit 2.32 Community Supports for Vulnerable Persons in Monroe County

Topic/Survey	Poor	Fair	Good	Excellent	Total
a. Your community as a place that meets t	the overall needs of c	hildren			
RHS	5%	25%	61%	9%	85
CS	1%	44%	48%	6%	81
b. Efforts to prevent abuse or neglect of c	hildren				
RHS	7%	42%	44%	6%	81
CS	13%	39%	43%	4%	76
c. Your community as a place that meets t	he overall needs of e	lderly persons (fo	or example access	to transportation, s	ocial outlets)
RHS	13%	37%	44%	7%	87
CS	14%	53%	31%	2%	81
d. Efforts to prevent abuse or neglect of s	eniors.				
RHS	13%	38%	41%	8%	76
CS	10%	54%	37%	0%	71
e. The availability of resources to help per	sons age in place				
RHS	13%	41%	43%	4%	80
CS	13%	59%	26%	1%	76
f. Your community as a place that meets t	he overall needs of p	ersons with disab	oilities		
RHS	11%	41%	39%	9%	76
CS	12%	68%	21%	0%	77
g. Efforts to prevent abuse or neglect of p	ersons with disabiliti	es			
RHS	12%	41%	41%	7%	74
CS	16%	55%	29%	0%	69
h. The availability of services that meet th	e overall needs of co	mmunity membe	ers who are victim	s of abuse or negle	ct
RHS	11%	49%	33%	7%	70
CS	19%	50%	30%	1%	70



**Concerns about Meeting Household Needs.** Survey respondents were asked to rate their concerns about meeting household needs related to food, housing, clothing, taxes, utilities, childcare, and legal assistance. As shown in *Exhibit 2.33*, the majority of respondents from Monroe County reported no concern or little concern about meeting basic household needs. Focusing on RHS respondents, the percentage reporting being moderately or very concerned ranged from about 10% to 23% across the factors listed. The percent of CS respondents who are moderately or very concerned ranged higher, from 14% to 39% across the factors listed. The highest level of concern among CS respondents was ability to pay for education beyond high school.

Exhibit 2.33 Concerns about Meeting Household Needs in Monroe County

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Your ability to meet your household's basi	ic needs for foo	d, housing, clo	thing.			
RHS	66%	20%	10%	3%	1%	90
CS	55%	25%	12%	8%	0%	84
b. Your ability to pay for rent/ mortgage for	your househole	ı				
RHS	74%	9%	11%	4%	1%	89
CS	55%	19%	14%	11%	1%	84
					.,.	
c. Your ability to pay for utility bills, property			•			
RHS	62%	19%	9%	9%	1%	90
CS	51%	18%	18%	13%	0%	84
d. The availability of resources to help you b	udget your mo	ney				
RHS	60%	17%	10%	3%	9%	88
CS	50%	31%	8%	6%	5%	84
e. Your ability to pay for education beyond h	sigh school for	rou and/or voi	ır family			
RHS	46%	you and/or you 17%	13%	6%	19%	90
CS	37%	18%	19%	20%	6%	90 84
	37 70	1070	1370	2070	<b>3</b> 73	<u> </u>
f. Your ability to pay for your own vehicle (in	cluding gas, ins	urance, and m	aintenance)			
RHS	66%	18%	11%	4%	1%	90
CS	48%	23%	14%	13%	1%	83
g. Your ability to pay for legal assistance						
RHS	42%	28%	12%	11%	7%	89
CS	36%	19%	23%	12%	10%	83
b V						
h. Your ability to pay for childcare, if needed	47%	7%	9%	5%	220/	07
RHS CS	47% 40%	7% 13%	9% 17%	5% 8%	32% 22%	87 83
CS	4070	13/0	17 70	070	22/0	03
i. Your ability to access housing						
RHS	57%	15%	6%	8%	15%	89
CS	54%	18%	11%	13%	4%	83
j. Your ability to access childcare, if needed						
RHS	46%	9%	3%	7%	34%	87
CS	31%	19%	17%	10%	23%	83



**Concerns about Access to Healthy Food.** Survey respondents were asked to describe their access to healthy food. As shown in *Exhibit 2.34*, the large majority of respondents from Monroe County rated their access and ability to pay for healthy food as good or excellent. Focusing on ability to pay for food, 18% of RHS respondents and 37% of CS respondents rated their ability to pay for healthy food as poor or fair. Also, 11% of RHS respondents and 31% of CS respondents reported running out of money to get more food either sometimes, occasionally, or often.

#### Exhibit 2.34 Concerns about Access to Healthy Food in Monroe County

Topic/Survey	Poor	Fair	Good	Excellent	Total
a. Your access to healthy food.					
RHS	1%	9%	49%	41%	88
CS	2%	21%	40%	36%	84
b. Your ability to pay for healthy food.					
RHS	2%	16%	46%	36%	89
CS	6%	31%	40%	23%	84

How true is the following statement about food for your household?

"Within the past 12 months the food we bought just didn't last and we didn't have money to get more."

Topic/Survey	Often true	Occasionally true	Sometimes but infrequently true	Never true	Total
RHS	1%	3%	7%	89%	89
CS	4%	11%	16%	70%	82



**Concerns about Economic Issues.** Survey respondents were asked to rate their concerns about economic issues in the community. As shown in *Exhibit 2.35*, 20% or more of RHS and CS respondents reported they are moderately or very concerned about excessive personal debt, risk of job loss, risk of foreclosure and bankruptcy, poverty, hunger, and homelessness in the community.

### Exhibit 2.35 Concerns about Economic Issues in the Community

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Excessive personal debt						
RHS	15%	37%	28%	13%	7%	89
CS	12%	21%	45%	18%	4%	84
b. Gambling (in-person or online)						
RHS	24%	36%	13%	7%	20%	90
CS	39%	23%	18%	11%	10%	84
c. Risk of foreclosure or bankruptcy						
RHS	19%	37%	21%	12%	11%	90
CS	14%	35%	31%	15%	5%	84
d. Risk of job loss						
RHS	13%	20%	41%	21%	4%	90
CS	11%	25%	36%	26%	2%	84

# Exhibit 2.35 Concerns about Economic Issues in the Community (cont.)

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
e. Poverty						
RHS	12%	22%	30%	30%	6%	90
CS	7%	14%	45%	33%	0%	84
f. Hunger						
RHS	13%	26%	30%	26%	6%	90
CS	11%	21%	37%	30%	1%	84
g. Homelessness						
RHS	22%	23%	24%	26%	4%	90
CS	12%	26%	31%	31%	0%	84



**Ratings of Community Supports for Economic Stability.** Survey respondents were asked to rate various community supports for economic stability. As shown in *Exhibit 2.36*, the majority of survey respondents gave poor or fair ratings for availability of living wage jobs, safe and affordable housing, services for people who need extra help, accessibility and convenience of public transportation, and efforts to reduce poverty. Efforts to reduce hunger also received poor or fair ratings from 43% of RHS respondents and 52% of CS respondents.

### Exhibit 2.36 Ratings of Community Supports for Economic Stability

Topic/Survey	Poor	Fair	Good	Excellent	No Opinion	Total
a. The availability of jobs	with wages that c	offer a livable wag	e			
RHS	23%	39%	30%	6%	2%	90
CS	31%	37%	25%	5%	1%	83
b. The availability of safe,	affordable housir	ng				
RHS	14%	42%	37%	2%	4%	90
CS	39%	39%	17%	1%	5%	83
c. The availability of servi	ces for people wh	o may need extra	help (governmer	nt, nonprofit service	es)	
RHS	10%	43%	31%	6%	10%	89
CS	17%	46%	25%	1%	11%	83
d. The accessibility of pul	olic transportatior	า				
RHS	38%	34%	18%	2%	8%	90
CS	53%	31%	10%	0%	6%	83
e. The convenience of pu	blic transportatio	n				
RHS	46%	27%	16%	2%	9%	89
CS	60%	24%	7%	0%	9%	82
f. Efforts to reduce pover	ty in your commu	nity				
RHS	25%	42%	19%	1%	13%	89
CS	36%	45%	12%	0%	7%	83
g. Efforts to reduce hung	er in your commu	ınity				
RHS	11%	32%	39%	12%	6%	90
CS	6%	46%	41%	1%	6%	83





#### **Community Indicators**

**County Health Rankings.** *Exhibit 2.37* shows the County Health Rankings for the physical environment. As shown, Monroe County ranks in the third quartile statewide on the physical environment measure. Focusing on selected trends, Monroe County is improving on the air pollution measure.

	BU	НО*	LC	МО	TR	VE	MN*	WI
Rankings								
Physical Environment Rank	24	70	16	53	47	61		
Ranking Key: 1st (best) quartile 2nd quartile			3r	d quartile		4th o	quartile	
Indicators								
Air pollution - particulate matter (2014)	8.2	8.7	8.5	8.5	8.4	8.7	6.9	8.6
Orinking water violations (2018)	No	No	No	Yes	Yes	Yes	N/A	N/A
Severe housing problems (2012-2016)	14%	11%	13%	14%	11%	15%	13%	14%
Driving alone to work (2014-2018)	78%	81%	81%	81%	80%	79%	78%	81%
Long commute - driving alone (2014-2018)	40%	30%	16%	26%	32%	38%	31%	27%
Selected Trends								
Air pollution – particulate matter	В	В	В	В	В	В		
Trend Key:  B Getting better  No trend  W Getting worse								



# Community Insights

Survey respondents were asked to share their insights about various aspects of the physical environment and safety within their communities.

**Rating of Overall Community Safety.** As shown in *Exhibit 2.38*, the large majority of survey respondents from Monroe County rated overall community safety as good or excellent. Eighteen percent of RHS respondents and 28% of CS respondents rated overall community safety as poor or fair.

# Exhibit 2.38 Rating of Overall Community Safety in Monroe County

Rating of Overall Community Safety					
Survey	Poor	Fair	Good	Excellent	Total
RHS CS	0% 0%	18% 28%	66% 64%	16% 8%	89 87



**Concerns about Community Safety.** Survey respondents were asked to rate their level of concern about a list of community safety issues. As shown in *Exhibit 2.39*, at least half of the respondents from Monroe County said they were moderately or very concerned about cyber security, criminal activity, and disease outbreak. A substantial percent of respondents also expressed concern about school safety, community response to flood, hazardous material incidents, terrorist activity, and water safety.

Exhibit 2.39 Concerns about Community Safety in Monroe County

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. School safety						
RHS CS	24% 18%	31% 28%	24% 28%	18% 23%	2% 3%	90 87
b. Cyber security (e.g., identity	theft)					
RHS	14%	26%	24%	31%	4%	90
CS	13%	25%	34%	26%	1%	87
c. Criminal activity						
RHS	13%	25%	40%	22%	0%	91
CS	3%	34%	34%	29%	0%	86
d. Community response to floo	od					
RHS	38%	29%	19%	10%	4%	90
CS	30%	37%	18%	7%	8%	87
e. Disease outbreak						
RHS	22%	24%	30%	22%	1%	90
CS	15%	21%	19%	44%	1%	86
f. Hazardous materials inciden	t					
RHS	43%	32%	17%	4%	3%	90
CS	44%	29%	16%	5%	6%	86
g. Terrorist activity						
RHS	52%	26%	9%	8%	6%	90
CS	41%	34%	13%	8%	5%	86
h. Tap water safety						
RHS	39%	22%	18%	16%	4%	89
CS	40%	18%	17%	15%	9%	87
i. Well water safety						
RHS	38%	18%	19%	18%	8%	90
CS	32%	18%	14%	21%	15%	87



**Responsiveness of Public Safety Agencies.** Survey respondents were asked to rate their level of concern about responsiveness of EMS, law enforcement, and the fire department. As shown in *Exhibit 2.40*, a majority of respondents from Monroe County reported no concern or little concern about responsiveness. Between 24% and 33% reported being moderately or very concerned about responsiveness.

#### Exhibit 2.40 Responsiveness of Public Safety Agencies in Monroe County

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Responsiveness of Emerge	ency Medical Service	s (EMS)				
RHS	48%	26%	13%	11%	2%	90
CS	48%	18%	22%	8%	3%	87
b. Responsiveness of law enf	orcement					
RHS	37%	28%	18%	15%	2%	89
CS	41%	25%	17%	13%	3%	87
c. Responsiveness of fire department						
RHS	52%	20%	16%	10%	2%	91
CS	48%	22%	17%	9%	3%	87



**Preparedness for Emergency Events.** Survey respondents were asked to share their insights about personal preparedness for emergency events. As shown in *Exhibit 2.41*, at least 32% of respondents from Monroe County said they were not prepared or a little prepared for a household fire, flood, power outage, natural disaster, pandemic, or loss of job.

# Exhibit 2.41 Preparedness for Emergency Events in Monroe County

Topic/Survey	Not Prepared	A Little Prepared	Moderately Prepared	Very Prepared	Total
a. Household fire					
RHS	5%	27%	47%	22%	88
CS	12%	58%	27%	2%	84
b. Flood					
RHS	26%	22%	33%	19%	88
CS	42%	29%	23%	7%	84
c. Power outage longer than 24 l	hours				
RHS	19%	20%	38%	23%	88
CS	19%	36%	37%	7%	83
d. Natural disaster (such as ice st	orm, tornado, snowst	torm)			
RHS	10%	28%	47%	15%	88
CS	17%	36%	37%	11%	84
e. Pandemic/epidemic					
RHS	15%	24%	49%	11%	87
CS	15%	38%	36%	11%	84
f. Loss of job					
RHS	27%	27%	23%	23%	82
CS	39%	32%	18%	11%	84



**Concerns about Public Spaces.** Survey respondents were asked to share their insights about factors affecting the quality of public spaces. As shown in *Exhibit 2.42*, about 16% to 36% of respondents said they were moderately concerned or very concerned about loose animals, sidewalks, crosswalks, traffic, and street lighting.

# Exhibit 2.42 Concerns about Public Spaces in Monroe County

Topic/Survey	Not Concerned	A Little Concerned	Moderately Concerned	Very Concerned	No Opinion	Total
a. Loose animals						
RHS	42%	32%	14%	9%	2%	90
CS	49%	31%	7%	9%	3%	87
b. Sidewalks in poor condition	n					
RHS	31%	31%	17%	13%	8%	90
CS	30%	34%	21%	8%	7%	87
c. Lack of sidewalks						
RHS	41%	24%	16%	9%	10%	90
CS	34%	24%	28%	8%	6%	87
d. Inadequate crosswalks						
RHS	48%	26%	7%	9%	10%	89
CS	41%	24%	23%	8%	3%	87
e. Motor vehicle traffic						
RHS	37%	33%	20%	7%	3%	90
CS	40%	30%	20%	10%	0%	87
f. Not enough traffic lights/sto	op signs					
RHS	58%	16%	11%	8%	7%	89
CS	54%	22%	15%	7%	2%	87
g. Street lighting						
RHS	47%	21%	14%	12%	5%	91
CS	36%	32%	20%	10%	2%	87

# **United Great Rivers United Way** If you find the contents of this report useful, please consider supporting our work by making a financial contribution to Great Rivers United Way at greatriversunitedway.org **DONATE NOW**

# Community Insight on Priority Needs and Ideas for Solutions

Sections 1 and 2 of this report provide a comprehensive analysis of community needs based on community indicators and community survey responses. This section provides supplemental insight based on a meeting with community stakeholders and a follow-up survey on priority needs.

# Meeting with Community Stakeholders

Great Rivers United Way collaborated with local partners to organize a series of virtual meetings with community stakeholders from each of the six counties in the study region. The purpose of the meetings was to gather additional insight about priority needs and action ideas from a local perspective.

The community stakeholder meeting with Monroe County was held on February 16, 2021. The invited participants included representatives from local business, education, government, health and human services, nonprofit and law enforcement agencies. A total of 40 individuals participated in the meeting. The meeting was facilitated virtually so that participants could attend while maintaining social distancing for the pandemic.

- Prior to the meeting, each participant was provided with a draft copy of the Introduction and Sections 1 and 2 of this report.
- During the meeting, participants were invited to share their insights about pressing community needs as viewed from their perspective.
- The meeting participants were also invited to complete a post-meeting survey to prioritize among the areas of need identified at the meeting event.

The results of the meeting and follow-up survey are summarized below. In reviewing the results, please note they are only a starting point for identifying priority needs and creative solutions. In the coming months, community stakeholders from Vernon County can continue to identify needs and develop solutions based on additional insights from community members.



### Priority Needs Identified by Community Stakeholders (Monroe County)

**Exhibit 3.1** provides a summary of priority needs identified by Monroe County Community Stakeholders. The first column shows pressing areas of need identified by the participants during the meeting event. The second column shows the priority rankings of need based on results from a follow-up survey of meeting participants.

#### Exhibit 3.1 Priority Needs Identified by Monroe County Community Stakeholders

- 1. Poverty and Livable Wages
- 2. Mental Health Access to Treatment, Stigma, Suicide
- 3. Safe, Affordable Housing
- 4. Culture of Drug & Alcohol Use and Related Crime
- 5. Obstacles to receiving healthcare appointment time, childcare, transportation
- 6. Physical Inactivity & Obesity
- 7. Insurance Access & Education on Resources to Help Pay for Care

Source: The 40 participants in the community stakeholder meeting were invited to prioritize the areas of need identified during the meeting via a post-meeting survey. Nineteen participants responded. Items are ranked 1-7 based on the mean priority score for each area of need.

As shown in *Exhibit 3.1*, the list includes needs related to mental health, access to health care, social and economic factors, quality of life, and physical environment and safety. These issues are reflected in the community indicators and survey results presented in **Section 2** of the report. We encourage community stakeholders to review **Section 2** for additional insight and context on the issues.



## Ideas for Solutions Submitted by Community Stakeholders

As part of the follow-up survey participants were invited to share ideas for solutions to the top community needs identified at the stakeholder meeting. Fifteen participants responded with 34 ideas as listed in *Exhibit 3.2*. The results reflect the connections between access to health care, socio-economic challenges, and community development. Also, each of the ideas listed would require creative collaboration across organizations and sectors.

# Exhibit 3.2 Ideas for Solutions Submitted by Monroe County Community Stakeholders

- Increasing the number of mental health providers in our area.
- Increase affordable access to transportation to get to mental health providers and jobs.
- County based help with finding jobs for our youth with poor job history, no job history etc.
- Increase safe, low-income housing.
- Using RTIC to help address drug abuse and alcohol use
- Developing youth-driven initiatives to reduce alcohol and drug use (focus on prevention vs. treatment)
- Partner with developers to bring more safe/affordable housing to the county especially Sparta and Tomah
- Educate employers on the importance of paying livable wages with benefits
- Provide funding to pay for school/training of low wage earners
- Provide transportation/gas vouchers to households to get to/from medical appts and expand hours of availability for appts
- To increase awareness of programs and services that are available to help people who are struggling.
- Increase the public's awareness of these issues and have community meetings to work on strategies to address them.
- Increase funding for food shelf and public housing
- Increase awareness of resources that exist
- Community leaders, legislators, public, and any others related to the "need" participate in a town hall type meeting to brainstorm.
- Though I ranked it as 7, having better bike paths through Sparta and Tomah would not only help with physical activity but might also offer a transportation option for both youth and adults (more of them, bike lanes on the main streets, helping navigate to farther locations, signage).
- Also need to raise minimum wage in Monroe and surrounding counties (since so many work outside of the county) to address the issues around poverty.

- Cap the rental costs in Monroe county.
- Better transportation between clinics in the County and in La Crosse for care provided by the health systems for those not on Medicaid (Medicaid participants do have access to MTM).
- · Collaborating with regional counties to support a local detox or inpatient treatment facility.
- Education--a lot of resources available in the community but a lack of understanding "navigating the system." Having mentors in the community that can help people navigate some of the requirements of a lot of the resources in the community.
- Area hotels to house people in need of safe housing.
- · Social work support to help with finding work, medical care, and basic needs such as food and clothing
- Community care coordination for families at high risk, create a framework or use an existing model for community partner collaboration (how to work better together)
- Education on mental health, reduction, of stigma, attract providers to the area Give community incentives to builders who build mixed income housing. Educate the citizens on support groups and treatment options for substance use.
- Expanded benefits/eligibility for ALICE population to promote job retention/self-sufficiency.
- Increased minimum wage to ensure employed persons are able to meet their basic needs.
- Increased access to mental health treatment/care.
- Increased public awareness of access options.
- Normalize treatment/experience of MH issues to work towards eliminating past stigmas surrounding these issues.
- Increased local housing options (increased Section 8 vouchers, income-based housing).
- Expanded program/policy to allow a broadened category of recipients for those with in need of emergency assistance.
- Need to have a triage approach to social services. If that is not feasible, we need to have consistent training on available resources.
- We need to make a focus on early intervention. During the breakout sessions, my team identified many issues that could be more easily resolved if more early intervention were taking place.

Note: The 40 participants in the community stakeholder meeting were invited to respond to this item in their own words. There were 15 responses with 34 ideas as listed above.

#### Appendix A - Data Sources

#### **Community Demographics**

Community Health Solutions analysis of demographic estimates (2020) and population projections (2025) from ESRI.

#### **County Health Rankings**

University of Wisconsin-Madison Population Health Institute.

County Health Rankings. Retrieved in December 2020 from http://www.countyhealthrankings.org

Full Rankings for Wisconsin

Full Rankings for Minnesota

County Health Rankings Model

Measure Definitions and Data Sources

<u>Houston County Minnesota High School Graduation Rates</u> were obtained from the Minnesota Report Card.

#### **Leading Causes of Death**

2018 Wisconsin Dept. of Health Services, Division of Public Health, Office of Health Informatics. Wisconsin Interactive Statistics on Health (WISH) data query system, <a href="https://www.dhs.wisconsin.gov/wish/index.htm">https://www.dhs.wisconsin.gov/wish/index.htm</a>, Mortality Module, accessed 12/9/2020 and 2018 Minnesota Department of Health County Health Tables accessed 12/9/2020.

#### Maternal and Infant Health

2018 Wisconsin Dept. of Health Services, Division of Public Health, Office of Health Informatics. Wisconsin Interactive Statistics on Health (WISH) data query system, <a href="https://www.dhs.wisconsin.gov/wish/index.htm">https://www.dhs.wisconsin.gov/wish/index.htm</a>, Low Birth Weight and Infant Mortality Modules, accessed 12/9/2020; and 2018 Minnesota Department of Health County Health Tables accessed 12/9/2020.

#### **Cancer Screening Rates**

<u>2019 and 2020 Health Disparities Report.</u> Wisconsin Collaborative for Healthcare Quality

#### **Mental Health Prevalence and Treatment Gap**

2019 Wisconsin Mental Health and Substance Use Needs Assessment. Wisconsin Department of Health Services-Division of Care and Treatment Services.

#### **Low-income Households**

United for ALICE <a href="https://www.unitedforalice.org/national-overview">https://www.unitedforalice.org/national-overview</a> accessed November 2020.

#### **Reported Child Services Cases**

2019 Wisconsin Child Abuse and Neglect and Report 2019 Wisconsin Out-Of-Home Care Report

CPS Referrals and Child Abuse Cases for Minnesota were not included in this report as definitions for cases and referrals in Minnesota may vary from Wisconsin definitions. For more information on Minnesota Maltreatment data, visit <a href="https://mn.gov/dhs/partners-and-providers/edocs/child-protection-foster-care-adoption/">https://mn.gov/dhs/partners-and-providers/edocs/child-protection-foster-care-adoption/</a>

#### **Random Household Survey**

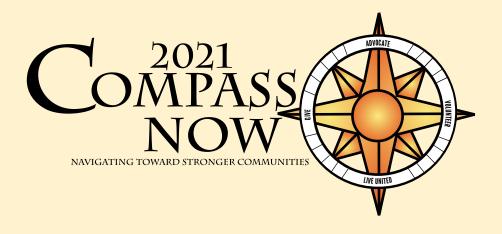
Community Health Solutions analysis of survey responses submitted by community residents in July-September 2020.

#### **Convenience Survey**

Community Health Solutions analysis of survey responses submitted by community residents in October-November 2020.

# Appendix B - List of Community Indicators and Community Survey Topics

Focus	Community Indicators	Community Survey Topics
The Six-County Region	<ul> <li>Total population by county</li> <li>Total population by census tract</li> <li>Child population by census tract</li> <li>Older adult population by census tract</li> </ul>	N/A
	<ul> <li>Minority population by census tract</li> <li>Households with income below poverty by census tract</li> <li>County Health Rankings summary for 2020</li> <li>Trends in selected County Health Rankings measures</li> </ul>	
Length and Quality of Life	Length of Life Rank     Quality of Life Rank     Premature death     Poor or fair health status     Poor physical health days     Poor mental health days	<ul> <li>Ratings of community life</li> <li>Ratings of community educational opportunities</li> <li>Concerns about community life</li> <li>Volunteering</li> </ul>
	<ul><li>Low birthweight</li><li>Leading causes of death</li><li>Maternal and infant health</li></ul>	
Health Behaviors and Concerns	<ul> <li>Health Behaviors Rank</li> <li>Adult smoking</li> <li>Adult obesity</li> <li>Food environment</li> <li>Physical inactivity</li> <li>Access to exercise opportunities</li> <li>Excessive drinking</li> <li>Alcohol-impaired driving deaths</li> <li>Sexually transmitted infections</li> <li>Teen births</li> </ul>	Ratings of personal health status     Concerns about health issues in the community
Health Care	<ul> <li>Clinical Care Rank</li> <li>Uninsured</li> <li>Primary care physicians</li> <li>Dentists</li> <li>Mental health providers</li> <li>Preventable hospital stays</li> <li>Mammography screening</li> <li>Flu vaccinations</li> <li>Cancer screening rates</li> <li>Mental health prevalence and treatment gap</li> </ul>	<ul> <li>Self-reported health coverage</li> <li>Health care access and affordability</li> <li>Health care sources and obstacles for adults</li> <li>Dental visits and obstacles for adults</li> <li>Health care and dental visits for children</li> </ul>
Social & Economic Factors	Social & Economic Factors Rank High school graduation rate Adults age 25+ with some college Unemployment Children in poverty Income inequality Children in single-parent households Social associations Violent crime Injury deaths Low-income households Child Services Cases	<ul> <li>Caring for vulnerable persons in the community</li> <li>Concerns about vulnerable persons in the community</li> <li>Community supports for vulnerable persons</li> <li>Concerns about meeting household needs</li> <li>Concerns about access to healthy food</li> <li>Concerns about economic issues in the community</li> <li>Services and supports for economic stability</li> </ul>
Physical Environment and Safety	<ul> <li>Physical Environment Rank</li> <li>Air pollution – particulate matter</li> <li>Drinking violations</li> <li>Severe housing problems</li> <li>Driving alone to work</li> <li>Long commute-driving alone</li> </ul>	<ul> <li>Rating of overall community safety</li> <li>Concerns about safety-related issues in the community</li> <li>Responsiveness of public safety agencies</li> <li>Level of preparedness for emergencies</li> <li>Concerns about Public Spaces</li> </ul>





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